

Kentucky Association of Hospice and Palliative Care 20th Annual Conference and Symposium

The Pursuit of Excellence: Delivering Quality and Expanding Access to Hospice and Palliative Care Services



August 21-22, 2018

Marriott Griffin Gate
Lexington, Kentucky

# The Pursuit of Excellence: Delivering Quality and Expanding Access to Hospice and Palliative Care Services

#### **CONFERENCE OVERVIEW**

The only constant is change and the hospice industry is in the very midst of it. Regardless, hospices must continue to pursue excellence.

The 2018 KAHPC conference will address much of the change we see today in the industry, with a full range of engaging topics and speakers. The goal of the conference is to provide insight and tools to help attendees keep pace with what is going on in and around the industry.

Dr. Jim Meadows will open the conference this year. Dr. Meadows has devoted his entire medical career to patient advocacy through the improvement of quality of life. Prior to joining Narus Health, he worked as Director of Palliative Medicine for Tennessee Oncology. Dr. Meadows will talk about the future of Health Care.

The afternoon plenary will delve into payment and the scrutiny hospices are facing today and its impact. The afternoon plenary will be conducted by Carrie Cooley, Principal/CEO, Weatherbee Resouces, Inc. Carrie's experience and regulatory expertise will be extremely valuable to hospice leaders as you navigate the ever-changing hospice regulatory environment.

Throughout the day on Tuesday, attendees will be able to engage with colleagues to learn from topics covering management/regulatory, clinical, and psychosocial areas. New this year will be a CMS track that will be virtual sessions covering many topics attendees have asked for, to include, The Pepper report, hospice quality reporting and consumer assessments.

Wednesday morning the conference opens with breakout sessions beginning at 8:00 a.m. Marian Grant with CAPC/CTAC will be the Wednesday morning plenary speaker. Marian is the Policy consultant for the Center to Advance Palliative Care (CAPC) and Senior Regulatory Advisor for the Coalition to Transform Advance Care (C-TAC).

Another new feature this year is a break out lunch for Peer Groups. This will provide an opportunity for Peer groups to meet and discuss their areas of interest.

Judi Lund-Person will close our conference on Wednesday afternoon. Judy will present "A View from Washington". Judi has been the Vice President of Quality for National Hospice and Palliative Care since 2002. Judi will share with us the latest and greatest from the regulatory front.

The breakout sessions on Wednesday will cover clinical, regulatory, Spiritual, Psychosocial, Volunteer and a Palliative track.

#### **CONTACT HOUR CREDITS OFFERED**

#### Nursing

The Kentucky Board of Nursing has approved contact hours as follows: KBN# 5-0038-12-2019-573, 6.0 contact hours for Tuesday, August 21, 2018 and KBN# 5-0038-12-2019-574, 6.0 contact hours for Wednesday, August 22, 2018. Kentucky Board of Nursing approval of an individual continuing education provider does not constitute endorsement of program content. To receive contact hours participants must attend the entire day, evaluate the offering, and bring their Kentucky nursing license number.

#### **Social Work**

Bluegrass Care Navigators is approved by the Kentucky Board of Social Work to sponsor continuing education for credential holders (KBSWSP 2018003). Bluegrass Care Navigators maintains responsibility for this program and its content. Contact hours for Social Workers are approved as follows: 6.0 contact hours for Tuesday, August 21, 2018 and 6.0 contact hours for Wednesday, August 22, 2018. To receive contact hours participants must attend the entire day, evaluate the offering and bring their Kentucky social worker license number.

**NOTE:** To receive continuing education credits: You must sign in Tuesday at 9:00 a.m. and Wednesday at 8:00 a.m. Complete and return your evaluation forms at the end of each day to the Registration Desk.

#### **EDUCATION COMMITTEE**

Euretha Godby, Chair Hospice of Lake Cumberland

Liz Fowler

Bluegrass Care Navigators

Phil Marshall Hosparus Health

Susan Hunt Community Hospice

Janelle Wheeler Heritage Hospice

**Brandy Cantor** KAHPC

Amber Kirchner Hosparus Health

**Deborah May** Hosparus Health

Gail McGillis
Hospice Care Plus

**Turner West**Bluegrass Care Navigators

Amber Coomer Hosparus Health

#### LEARNING OBJECTIVES

#### After completing this conference, participants will be able to:

- Illustrate the value of expanding palliative care program services in the community
- Identify how the current state of government and federal policy will impact palliative and hospice care
- Relate how to improve patient outcomes through innovative clinical approaches
- Recognize the importance of delivering quality care through the use of compassionate psychosocial and spiritual techniques

#### **FEATURED PRESENTERS**



**Judi Lund-Person, BA, MPH, CHC** is the Vice President, of Regulator and Compliance for the National Hospice and Palliative Care Organization. Judi serves as a key contact with the Centers for Medicare and Medicaid Services, interfacing with hospice payment policy, Part D, survey and certification, contractor management, and program integrity functions, among others. She also represents hospice and palliative care with the Medicare Administrative Contractors and other federal agencies and many national organizations. Recent issues include advocating for changes in the Notice of Election filing and payment process, advocating for new guidance regarding Part D and hospice, and ongoing work with the Medicare Administrative Contractors on hospice payment policy issues.

She works daily with hospice providers and state hospice organizations on the ever-increasing array of regulatory and compliance issues and translates complex regulatory language into actionable "plain English" for hospice providers. She works with her team at NHPCO to develop regulatory and compliance tools for hospice providers each year, including hospice payment rates and wage index values and compliance guides to assist providers in achieving compliance with various federal rules and regulations.

**Carrie Cooley, RN, MSN** is the **Principal/Chief Executive Officer** for Weatherbee Resources. Carrie first joined Weatherbee in 2009 as an Associate Consultant and was hired as the Consulting Coordinator in 2012 and was promoted to Principal/CEO in January 2018.

Carrie's mission is to prepare and support hospices navigating the ever-changing regulatory hospice environment. Carrie's regulatory expertise and extensive consulting experience includes forensic clinical record auditing, baseline compliance audits/mock surveys, interim management, clinical due diligence, and executive coaching. Carrie also works directly with clients' legal counsel in preparation for arbitration and other hearings; she serves as an expert witness. Weatherbee also works extensively with clients who are under a Corporate Integrity Agreement (CIA); Carrie and the Consulting team manage the Independent Review Organization (IRO) audit activities required by the Office of Inspector General (OIG). Carrie's excellent rapport with executives and staff alike – coupled with her regulatory and clinical acumen, and knowledge of best practices – assures excellent consulting outcomes.

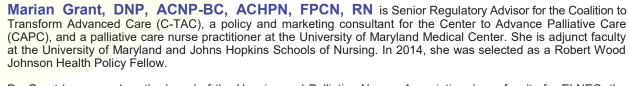
Under Carrie's leadership, Weatherbee has assisted hundreds of clients under investigation by Zone Program Integrity Contractors (ZPIC), Benefit Integrity Support Centers (BISC), Recovery Auditors (RA), the Department of Justice (DOJ), and OIG.

As a member of Weatherbee's Speaker's Bureau, Carrie teaches a broad range of hospice, regulatory, and leadership-related topics nationally and is a member of the faculty for Weatherbee's renowned Hospice Regulatory Boot Camps. Carrie also frequently speaks at state and national hospice conferences on compliance-related topics. Carrie is a registered nurse and holds a Master's degree from Samford University with a specialty in nursing leadership and healthcare finance.

**Dr. Jim Meadows** has devoted his entire medical career to patient advocacy through the improvement of quality of life. Prior to joining Narus Health, he worked as Director of Palliative Medicine for Tennessee Oncology. A Nashville native, Dr. Meadows completed his Bachelor of Science degree from Lipscomb University before received his Doctorate of Medicine from Loma Linda University School of Medicine in southern California. Upon completion of residency, he relocated back to Nashville where he subsequently served as Medical Director for Alive Hospice, Sumner Hospice, and as National Medical Director for Gentiva Health.

Dr. Meadows twice chaired the Tennessee Hospice Organization and maintains an active role in policy development for palliative and end of life needs. He is a member of the American Academy of Hospice and Palliative Medicine, National Hospice and Palliative Care Organization, and the American Society of Clinical Oncology.

In his spare time, Dr. Meadows enjoys motorcycles, golf, and photography, but his greatest passion is being with his son and daughter.



Dr. Grant has served on the board of the Hospice and Palliative Nurses Association, been faculty for ELNEC, the End-of-Life Nursing Education Consortium, and speaks nationally and internationally on palliative care. Before becoming a nurse, she had a career in marketing at the Procter & Gamble Company and worked on the Max Factor and Cover Girl cosmetics brands.



# Schedule of Events Tuesday, August 21, 2018

|                       |  | Clinical<br>Location:  | Management/Regulators<br>Location:  | Psychosocial<br>Location:  | CMS Virtual Sessions<br>Location:  |  |  |
|-----------------------|--|--|---|--|--|--|--|
| Registration          | 8:00-9:00  | Vendor Booths Open   |   |  |  |  |  |
| Welcome               | 9:00-9:15  | Welcome to KAHPC 20th Annual Conference<br>Liz Fowler, President, KAHPC<br>CEO, Bluegrass Care Navigators  |   |  |  |  |  |
| Opening<br>Plenary    | 9:15-10:15   | Palliative Care: Fully Loaded! Jim Meadows Narus Health  |   |  |  |  |  |
| Break                 | 10:15-10:30  | Visit Vendors (Coffee, Tea, Water Available)   |   |  |  |  |  |
| Breakout<br>Session 1 | 10:30-11:30  | Palliative Sedation Therapy: A Case Study  Drew Lally, MD Hosparus Health  | 1B Continuous Care Carrie Cooley, RN, MSN Principal/CEO, Weatherbee Resources, Inc  | 1C SAGECare: Supporting Lesbian, Gay, Bisexual and Transgender Older Adults Vicki J. Stanley, MA, HS-BCP | Consumer Assessment of Healthcare Providers and Systems  Debra Dean-Whittaker, Ph.D. Division of Consumer Assessment & Plan Performance Centers for Medicare & Medicaid Services |  |  |
| Lunch                 | 11:30-12:30  | 2018 KAHPC Awards Presentation Location: Bluegrass Pavilion  |   |  |  |  |  |
| Break                 | 12:30-12:45  |  | Visit V   | endors endors  |  |  |  |
| Afternoon<br>Plenary  | 12:45-1:45   | What's New With Payment Related Scrutiny? Targeted Probe and Educate Audits and More  Carrie Cooley, RN, MSN  Principal/CEO, Weatherbee Resources, Inc |   |  |  |  |  |
| Break                 | 1:45-2:00  |  | Visit V   | endors/  |  |  |  |
| Breakout<br>Session 2 | 2:00-3:00  | 2A Improving Clinical Skills Through Close Reading: A Narrative Medicine Approach Susan Berla, BA, RN, CHPN Hosparus Health                            | 2B Sexual Harassment and other Human Resource Issues Cynthia L. Effinger , Esq. McBrayer, McGinnis, Leslie and Kirkland               | 2C  Nurturing Hope at the End of Life  Amber Kirchner Hosparus Health                                    | PEPPER: A Comparative Data Report for Hospices  Kimberly Hrehor, MHA, RHIA, CHC, PMP TMF Health Quality Institute  |  |  |
| Break                 | 3:00-3:15  | Visit Vendors  |   |  |  |  |  |
| Breakout<br>Session 3 | 3:15-4:15  | 3A  Achieving Better Outcomes Through Deprescribing in Hospice  Marisa Todd, PharmD, BCPS Enclara Pharmacia  | 3B  Do You Really Know Your Risks? What If the Answer is NO?  Joe Danaher, CRISC Integrity IT  Phillip Miller, President Integrity IT | 3C Healing the Healers— Supporting Clinician Wellbeing  Joe Rotella, MD, MBA, FAAHPM, HMDC Catalyst HPM  | 3D  Hospice Quality Reporting Program  Cindy Massuda Centers for Medicare & Medicaid Services  |  |  |
| Evaluations           | 4:15-4:30  | Complete and Return Evaluations. CE Certificates Provided.   |   |  |  |  |  |
| Board Meeting         | Meeting 4:00—5:30 KAHPC Board of Directors Meeting Location: TBD |  |   |  |  |  |  |

# Schedule of Events Wednesday, August 22, 2018

|                       |             | Regulatory<br>Location:  | Clinical<br>Location:  | Spiritual/Psychosocial/<br>Volunteer<br>Location:   | Palliative Care<br>Location:  |  |
|-----------------------|-------------|--|--|---|---|--|
|                       | 7:00-8:00   | Vendor Booths Open   |  |   |   |  |
| Breakout<br>Session 4 | 8:00-9:00   | Hospice Assessment Tools and Comparative Documentation  Carrie Cooley, RN, MSN Principal/CEO, Weatherbee Resources, Inc  | 4B  Hospice and Palliative Approach to Infectious Disease  Kimberly L. Bell, MD Bluegrass Care Navigators  | Art of Possible in Patient and Caregiver Experience  Becky Thorne OneSource/Total Triage  Laurie Nelson, RN Director of Client Success  | 4D The Palliative Care Nurse as Case Manager  Kim Whisman, MSN, RN Bluegrass Care Navigators  Katherine Lotzer, BSN, RN Bluegrass Care Navigators   |  |
| Welcome               | 9:00-9:15   | Welcome Euretha Godby, Vice President KAHPC Hospice of Lake Cumberland   |  |   |   |  |
| Opening<br>Plenary    | 9:15-10:15  | Federal Policy Update 2018: What's Next for Palliative Care?  Marian Grant, DNP, CRNP, ACHPN, FPCN  CAPC/CTAC  Location:   |  |   |   |  |
| Break                 | 10:15-10:30 | Visit Vendors  |  |   |   |  |
| Breakout<br>Session 5 | 10:30-11:30 | Factor of the second se | 5B  Neuropathic Pain  Thomas McKain, MD Hosparus Health  | Fecruit Your Way to<br>Serving More Patients  Sylvia M. Johnson<br>Volunteer Manager<br>Hosparus Health   | Moving Upstream Successfully: Starting a Community-based MD/NP Palliative Care Consult Program  Tricia Cobler, APRN, ACHPN Hosparus Health  Brandy Henderson, APRN, ACHPN Hosparus Health |  |
| Luncheon              | 11:30-12:30 | Peer Group Break Out Lunch<br>Location: TBD  |  |   |   |  |
| Breakout<br>Session 6 | 12:30-1:30  | Expanding the Continuum of Care: Innovations in Transitional Care Susan Swinford, Bluegrass Care Navigators  | Hot Topics for Hospice Medical Providers  Bethany Cox Snider, MD Hosparus Health  Todd Cote, MD, HMDC, FAAFP, FAAHPM Bluegrass Care Navigators  Natalie Houghton, MD Bluegrass Care Navigators | 6C  Honoring Those Who Served: The Importance of Veteran Recognitions for Hospice and Palliative Patients and Families  Susan Norsworthy Hosparus Health  Annette Jones Hosparus Health | 6D  Optimizing Your Hospice and Palliative Care Messaging  Marian Grant, DNP, CRNP, ACHPN, FPCN CAPC/CTAC   |  |
| Break                 | 1:30-1:45   | Visit Vendors  |  |   |   |  |
| Closing<br>Plenary    | 1:45-2:45   | The View From Washington for Hospice  Judi Lund Person, BA, MPH, CHC  National Hospice and Palliative Care Organization  |  |   |   |  |
| Evaluations           | 2:45-3:00   | Complete and Return Evaluations. Contact Hour Certificates Provided.   |  |   |   |  |

## 2018 Peer Group Session Luncheon

As a new edition to this year's conference, the Kentucky Association of Hospice and Palliative Care (KAHPC) has incorporated a peer group luncheon that will take place on Wednesday, Aug. 22nd. The peer groups have long been an important part of the basic structure of KAHPC.

The mission of the peer groups is to provide professional guidance, educational direction and emotional support for members, provide a channel for sharing information and a vehicle for networking, problem solving and education. These groups also help individual programs to enhance the quality of patient care being delivered through education and sharing of information.

On Wednesday, attendees will have the option of attending one of the following peer group sessions during lunch. Those who do not wish to attend a session will enjoy lunch in the regular location with others who are not attending a peer group session.

Peer group leaders will be providing an agenda and outline for each session. This lunch and session is included with your paid registration on Wednesday. Anyone not registered for the conference on Wednesday who wants to attend only the peer group lunch session will need to register separately for the lunch session only and note which peer group meeting you will be attending. Following is a list of the peer groups that will have space provided for a working lunch should the peer group leader decide to host a session:

- Social Work Peer Group
- Inpatient Care Coordinator Peer Group
- Volunteer Peer Group
- Patient Care Coordinator Peer Group
- Medical Director/Physician Peer Group
- Marketing/Development Peer Group
- Billing Peer Group
- IT Peer Group
- Bereavement Peer Group
- APRN Peer Group





#### 2018 KAHPC Awards Luncheon

Tuesday, August 21, 2018

The Kentucky Association of Hospice and Palliative Care annually honors staff, leaders, and community supporters who exemplify providing quality end-of-life care to members of our communities. Your paid registration on Tuesday includes admission to the awards luncheon.

Additional luncheon tickets for those not registered can be purchased at \$35.00 each.

Please join us in recognizing leaders in our field and our state.

#### **Hospice Innovator Award**

• For an individual or group who has demonstrated excellence in the use of skills, caring and devotion to patients and colleagues.

#### **Hospice Distinguished Leader Award**

• For a person demonstrating sensitivity and commitment to the hospice mission and to the promotion of end-of-life care.

#### **Hospice Champion Award**

• Individuals who have advanced the cause and support of the hospice industry and/ or supported those principles and concepts consistent with values underlying the provision of hospice services.

#### The Award of Excellence

• For an individual who has attained repeated outstanding support in hospice end-of-life care through advocacy, partnership, and strengthening public policy.

#### **Hospice Pioneer Award**

 For an individual who has blazed a trail for others to follow within the hospice profession, education, program development, administration, government or community activities.

#### **Above and Beyond Award**

• For a person demonstrating exemplary actions of heroism or courage beyond the call of duty within their hospice role.

# THANK YOU! 2018 EXHIBITORS & SPONSORS

















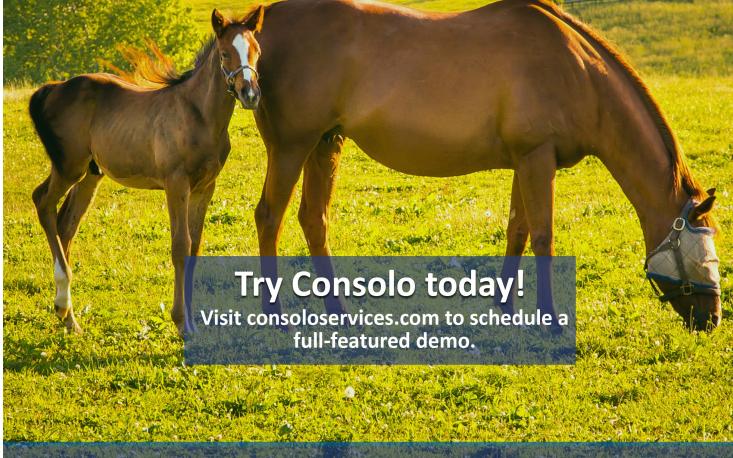








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# The Pursuit of Excellence: Delivering Quality and Expanding Access to Hospice and Palliative Care Services

#### Please type or print. Use separate form for each registrant.

| First Name:                                 | Last Name:                                    |                                   |                 |   |  |  |
|---|---|-----------------------------------|-----------------|---|--|--|
| Organization:                               |   | License #                         |                 |   |  |  |
| Credentials:                                |   | Type of Contact Hours requested:  |                 |   |  |  |
| Job Title:                                  | · · · · · · · · · · · · · · · · · · ·         | Email:                            |                 |   |  |  |
| Address:                                    |   |                                   |                 |   |  |  |
| City:                                       | State:  | ZIP:                              | Phone:          |   |  |  |
| Registration Fees:                          | Early Bird KAHPC Member<br>(until July 25th ) | KAHPC Member<br>(after July 25th) | Non-Member      | Amount Due  |  |  |
| ☐ Tuesday                                   | \$150   | \$165                             | \$225           |   |  |  |
| ☐ Wednesday                                 | \$150   | \$165                             | \$225           |   |  |  |
| Additional Award Luncheon Tickets (Tuesday) | \$35 Each                                     | \$35 Each                         | \$35 Each       |   |  |  |
| Peer Group Lunch Session (Wednesday)        | \$30 Each                                     | \$30 Each                         | \$50 Each       |   |  |  |
| Peer Group Attending                        | Т   | OTAL AMOUNT D                     | UE (ADD LAST CO | LUMN) \$  |  |  |
| (if applicable)                             | \$=   |                                   | erCard          | Please Note: Credit cards are accepted, however, a \$10 service fee will be applied per |  |  |
|   | Method of Payment                             |                                   |                 | registration.   |  |  |
| ☐ Check (payable to KAHF                    |   |                                   |                 |   |  |  |
|   | Credit Card#                                  |                                   | Ex              | xp. Date:   |  |  |
|   | Name on Card (prir                            | nt)                               |                 | 3 digit code (on back of card)  |  |  |
|   | Billing address on o                          | ard:                              |                 |   |  |  |

## Please complete registration form and send payment to:

Brandy Cantor
Kentucky Association of Hospice and Palliative Care
305 Ann St., Suite 308, Frankfort, KY 40601

bcantor@mmlk.com Phone: 1-888-322-7317 Fax: 1-888-755-6531

You will receive email confirmation of your registration at the above email address.

\*\*\*No cancellations after August 1, 2018; but you may send another person in your place at no additional cost.\*\*\*

#### **Hotel Information**

A block of rooms are being held at the Marriott Griffin Gate Resort in Lexington at the **conference rate of \$139 per night double occupancy**. Please call the hotel directly for reservations; identify yourself as a Kentucky Hospice Conference participant.

#### **Marriott Griffin Gate**

1800 Newtown Pike Lexington, KY 40511 Phone: (859) 231-5100



# Thank you for attending.

KAHPC 20th Annual Conference and Symposium



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