

You can quit smoking. We can help.

**JOIN ONE OF OUR
FREE SIX-WEEK
FREEDOM FROM
SMOKING® GROUP
CLINICS**



CLASSES MEET EVERY TUESDAY*

MARCH 6-APRIL 10

5:30-6:30 PM

Public Health South
2433 Regency Rd.

MAY 22-JUNE 26

5:30-6:30 PM

Public Health South
2433 Regency Rd.

AUGUST 21-SEPTEMBER 25

5:30-6:30 PM

Location TBD

*We will meet Tuesday and Thursday of week 4

Participants who attend all classes receive four weeks of FREE nicotine replacement therapy (patches, lozenges, or gum).

For more information or to
register for a class, call
859-288-2446.

