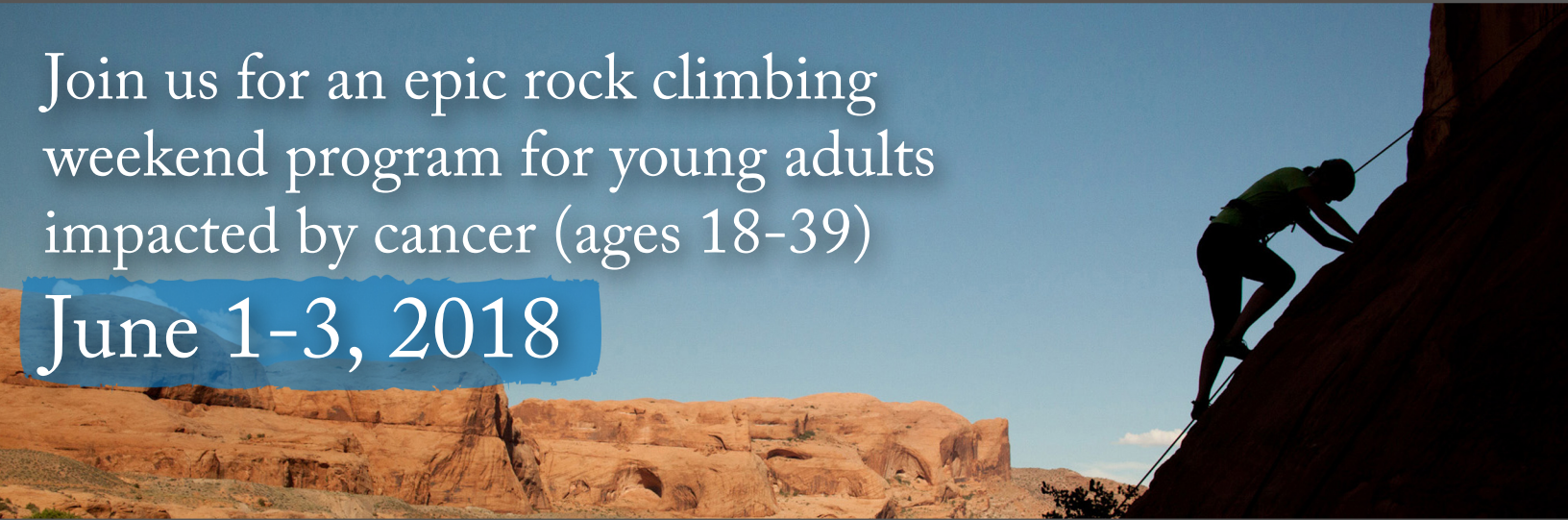


OUT LIVING IT

WITH NORTON CANCER INSTITUTE AND FIRST DESCENTS

Join us for an epic rock climbing weekend program for young adults impacted by cancer (ages 18-39)

June 1-3, 2018



WHO IS FIRST DESCENTS?

First Descents provides **life-changing outdoor adventures** for **young adults** impacted by **cancer**, empowering them to surf, kayak and climb beyond their diagnosis, reclaim their lives, and connect with others doing the same.

WHAT WILL WE BE DOING?

Rock Climbing! The FD Staff will pick you up from Norton on the afternoon of Friday, June 1st. During the day we will enjoy rock climbing in the beginner-friendly and world renowned Red River Gorge. Your evenings will be spent relaxing in a beautiful lodge, enjoying a delicious dinner, and connecting with fellow participants. We will have you home during the evening on Sunday, June 3rd!

WHAT DOES IT COST?

It's FREE! All meals, lodging, and transport are provided. Also, no experience with rock climbing is necessary. We will have expert instructors teaching you to ensure the highest level of safety. We hope you'll join us for a weekend that will surely change your life.

FOR MORE INFORMATION CONTACT

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www.firstdescents.org



NORTON
CANCER INSTITUTE

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