



Tobacco Cessation Services

Fact Sheet

The single most important thing that you can do for your health and the health of others is to quit using tobacco.

Senate Bill 89 is an ACT relating to health benefit coverage for tobacco cessation treatment. A new section of subtitle 17A of KRS Chapter 304 is created to read as follows:

A health plan shall:

Provide coverage for all U.S. FDA-approved tobacco cessation medications

- Nicotine patches
- Lozenges
- Gum
- Inhaler
- Nasal spray
- Bupropion SR
- Varenicline

(Three) Over-the-counter

(Four) Prescription

Provide all forms of tobacco cessation services

recommended by the U.S. Preventive Task Force, including but not limited to

- Individual Counseling
- Group Counseling
- Telephone Counseling

- The following conditions shall not be imposed:
 - Counseling requirements for medications
 - Limits on duration of services, including but not limited to annual or lifetime limits on the number of covered attempts
 - Copayments or other out-of-pocket cost sharing, including deductibles
- Utilization management requirements, including prior authorization and step therapy, shall not be imposed except in the following circumstances where prior authorization may be required:
 - Treatment that exceeds the duration recommended by the most recently published United States Public Health Service clinical guidelines on treating tobacco use and dependence
 - Services associated with more than 2 attempts to quit within a 12 month period



We recommend that patients call the number on the back of the health insurance card to find out what their individual plan offers.

Quit Now Kentucky offers Kentuckians free help to quit tobacco. Visit www.QuitNowKentucky.org or call 1-800 Quit Now (1-800- 784-8669).

Individual services include:

Telephone coaching

Wed-based services

Text or email messaging

Take control of tobacco dependence and Quit Now Kentucky.