



Freedom From Smoking® Facilitator Training

September 29, 2016 | 8:00a.m. - 4:30p.m.

Frankfort, KY
Frankfort Regional Hospital
299 Kings Daughter Drive
MOB Building Room B

Register:

by contacting Tami Cappelletti

(502)363-2652 tami.cappelletti@lung.org
Or Elizabeth.Bastianelli-Johnson@hcahealthcare.com

Space is limited, Registration Deadline: Sept. 22, 2016

ALA reserves the right to cancel training should minimum number of registrants not be met

Registration: \$100.00/ person

Includes: FFS Facilitator Guide, certificate of course completion, continental breakfast and lunch on training day

**non-refundable unless training canceled by ALA*

About Freedom From Smoking®

Freedom From Smoking is a Comprehensive smoking cessation program designed to offer the group support and encouragement many need to quit smoking for good. FFS is an 8 session program, and uses an addiction-based model to help smokers understand their addiction and ways to break the habit. Participants are encouraged to use Nicotine Replacement Therapies and other medications as a component of the program. Cost includes comprehensive training manual, lunch and other American Lung Association resource materials.