



Carter Caves State Resort Park, Olive Hill, Kentucky

April 29, 2017

9 am to 5 pm, Grayson Room

Your new normal: Life BEYOND breast cancer

A Free Workshop for Women Breast Cancer Survivors

The words "You have cancer" change your life physically, mentally, and emotionally. The Kentucky Cancer Program is hosting a workshop for survivors to interact and learn about healthy living after breast cancer.

Sponsored by Kentucky Breast Cancer Trust Fund, Kentucky Cancer Program – Horses and Hope, UK Markey Cancer Center, and Kentucky State Parks.

Carter Caves
State Park
Lodge
Grayson Room

Complimentary
LUNCH

Door prizes & gifts

TIPS for healthy
living as a breast
cancer survivor

NETWORK with
other survivors

SKILL building to
cope with stress &
fatigue

EDUCATION about
the physical impact
of cancer

This event is for
adult WOMEN breast
cancer survivors,
over 18 years of age.
Must be able to do
moderate exercise
(walking on brief
hike).

**INFORMATION &
REGISTRATION:
(606)679-7204**

mramsey@kcp.uky.edu

**Due to limited space
registration by**

**April 14, 2017 is
recommended.**