



# Freedom From Smoking® Facilitator Training

February 17, 2016 | 8:30a.m. - 4:30p.m.

Bowling Green, KY  
WKU Health Sciences Complex  
Room 2271

**Register:**  
By contacting Tami Cappelletti

(502)363-2652 or tami.cappelletti@lung.org

**Space is limited, Registration Deadline: January 19, 2016**

ALA reserves the right to cancel training should minimum number of registrants not be met

**Registration: \$100.00/ person**

Includes: FFS Facilitator Guide, certificate of course completion, continental breakfast and lunch on training day

*\*non-refundable unless training canceled by ALA*

## **About Freedom From Smoking®**

Freedom From Smoking is a Comprehensive smoking cessation program designed to offer the group support and encouragement many need to quit smoking for good. FFS is an 8 session program, and uses an addiction-based model to help smokers understand their addiction and ways to break the habit. Participants are encouraged to use Nicotine Replacement Therapies and other medications as a component of the program. Cost includes comprehensive training manual, lunch and other American Lung Association resource materials.