



Adolescent Young Adult Services

1. Adolescent Young Adult Transition Clinic

- For all adolescents and young adults ages 18 and older who have survived childhood cancer and/or have been off therapy for at least 2 years. This clinic develops a care plan for a healthy future with a focus on long term effects of chemotherapy, emotional support, education, and help with addressing barriers to care.

2. My Young Adult Program- MyYAP

MyYAP includes programming in:

- Caregiver Support
- Educational Classes
- Expressive Arts
 - Art Therapy
 - Music Therapy
- Family, Teen, and Children's Programs
- Integrative Medicine
 - Fitness
 - Massage Therapy
 - Reiki
 - Yoga
- Mental Health Support
- Nutritional Counseling/Classes
- Pet Therapy
- Support groups
- Young adult outings and events



To view our upcoming classes and Calendar of Hope:

www.nortonhealthcare.com/cancer

For further information on the Adolescent Young Adult Services, contact Gina Morrison at 502-899-6838 or gina.morrison@nortonhealthcare.org