

Dear Kentucky Cancer Consortium Partners:

Below is the **June 6, 2012** issue of "Wednesday's Word", a KCC communication which relays recent state and national cancer control articles, resources, events and tools to you on a weekly basis, in a brief, easy-to-read format. You may read archived editions on our website. If your organization has a cancer-related item for Wednesday's Word, or you know of someone who may benefit from receiving this communication, feel free to contact Katie Bathje at kbathje@kycancerc.org.

Sincerely, Kentucky Cancer Consortium Staff

June 6, 2012

Breast Cancer

- **New Treatment Controls Breast Cancer Growth in Study** (6/4/12, ACS) Researchers have found that a new drug worked better than the standard treatment for keeping a type of advanced breast cancer from worsening. The drug, trastuzumab emtansine (T-DM1), is so far available only through clinical trials. Researchers presented their findings June 2 at the 48th annual meeting of the American Society of Clinical Oncology (ASCO) in Chicago. The study involved nearly 1,000 women with metastatic HER2-positive breast cancer. The women in the study had all stopped responding to the standard treatment for HER2-positive breast cancer, chemotherapy and Herceptin (trastuzumab). Some of the patients in the study received the next level of standard drug treatment, capecitabine (Xeloda) plus lapatinib. The others received the new treatment, T-DM1. T-DM1 is made up of the Herceptin antibody linked to the toxic chemotherapy drug DM-1. For those who received T-DM1, the cancer worsened about 3 months later than those who received the standard treatment. After 2 years, about 65% of the patients who received T-DM1 were still alive, compared to 48% of those who received the standard treatment. Len Lichtenfeld, MD, deputy chief medical officer of the American Cancer Society, wrote in his blog that the findings have real implications for patient care. He wrote, "This is a large study, and it shows success in an area where there are few treatment options."

Cervical Cancer

- *(reminder)* Request for 2012 - 2013 Mini-Award Proposals (5/21/12, CCFKY.org) Contingent upon funding, the Cervical Cancer-Free Kentucky initiative will offer Mini-Awards in the amount of \$20,000 per award. Overall, we anticipate funding approximately eight (8) innovative projects to help impact cervical cancer disparities in Kentucky. Please click [here](#) to see examples of previously funded Mini-Award projects. Click [here](#) to read more and to download a PDF of the application. Deadline to apply is June 15th.

Childhood Cancer

- *(reminder)* Indian Summer Camp – “Oncology Camp” July 22-28th, 2012. Indian Summer Camp's Oncology Camp is the camp's longest running program, started in 1981. Oncology Camp is currently hosted at Crossings Cedarmore camp site in Bagdad, KY (Shelby County). The weeklong, overnight oncology camp is open to children aged 6-18 who are either currently undergoing treatment for cancer or are survivors of a childhood cancer. During this week, children with cancer are able to enjoy a wide range of activities including arts & crafts, sports, and swimming, as well as many unique and once-in-a-lifetime experiences. This year's camp theme is “Out of This World”. Pediatric oncology doctors and nurses are present at camp the entire week to care for the medical needs of campers. Please contact Amy Steinkuhl at Amy@kcp.uky.edu for more information.

Financial

- **Drug industry-sponsored patient assistance programs are seldom used by older adults** (6/4/12, AHRQ) Despite expanded drug coverage under Medicare Part D, gaps resulting in out-of-pocket expenses remain. This may force some seniors to ration their prescriptions, seek out free samples from their physicians, and enroll in industry-sponsored patient assistance programs (PAPs). A new study found that while seniors take advantage of free samples, they do not take advantage of PAPs, which are strongly linked to doctor-patient communication about them. The study analyzed data from a 2006 survey of a diverse group of 14,322 Medicare beneficiaries 65 years of age and older living in the community. In the survey, each senior was asked if they received free samples or participated in a PAP. They were also asked a number of questions dealing with doctor-patient communication, for example, how often they discussed drug costs with their physicians and if they had admitted to not filling a prescription due to cost issues. Just over half (51.4 percent) of all seniors in the study group reported receiving at least one free sample in the last 12 months. Nearly 30 percent obtained samples more than once. Seniors with a regular doctor were more likely to report receiving free samples. In fact, seniors who discussed costs with their doctor had twice the odds of receiving free samples compared with patients who did not. Reported participation in a PAP, however, was dramatically low at only 1.3 percent. Those most likely to participate in a PAP had low incomes, lacked insurance coverage, and had less than a high school education. As with free drug samples, seniors who talked with their doctor about drug costs were more likely to use PAPs than those who did not.
- **Low Income May Keep Cancer Patients Out of Clinical Trials** (6/3/12, HealthDay News) Low-income cancer patients are less likely to participate in clinical trials, according to a new study that found income affects participation even among older patients likely to have Medicare. The researchers said patients may not have equal access to study enrollment. "This is the first time in a large, national study that we have actual patient-reported income on which to base this finding. Our study found that after accounting for all factors such as age, education, sex, race, medical conditions and distance to a clinic, income on its own was associated with a patient's clinical trial participation." The researchers surveyed approximately 5,500 adults recently diagnosed with breast, lung, colon, or prostate cancer

about their treatment decisions over the course of four years. Forty percent had discussed clinical trials with their doctor, and 45 percent of these discussions led to an offer for participation in a clinical trial, the study found. Of these offers, about half led to participation in a clinical trial for an overall participation rate of 9 percent. Patients with a reported annual income of less than \$50,000 were roughly 30 percent less likely to participate in a clinical trial than those who had a higher income, the researchers found. And patients who made less than \$20,000 a year were 44 percent less likely to be involved in clinical trials than patients with higher incomes. Lower-income patients, the study showed, were more concerned about how to pay for their participation in a clinical trial than higher-income patients. The researchers suggested some possible financial barriers might be direct costs, such as co-pays, and indirect costs, such as having to take time off work.

General

- **Worldwide Cancer Incidence Predicted to Rise 75% by 2030** (5/31/12, The Lancet Oncology) Infection, lifestyle tied to which cancer types are most common in different countries. The worldwide incidence of cancer is expected to increase 75 percent by 2030, with a projected increase of more than 90 percent in the poorest nations, a new study reveals. Rates of certain types of cancer (such as cervical and stomach cancer) appear to be declining in some developing countries, but these reductions are likely to be offset by substantial increases in the types of cancer associated with a "westernized" lifestyle, including breast, prostate and colorectal cancer, according to the report published online May 31 in *The Lancet Oncology*. For the study, researchers analyzed International Agency for Research on Cancer (IARC) data from 184 countries in 2008 in order to examine how current and future cancer trends vary between countries based on their levels of development, as measured by their Human Development Index (HDI). Currently, countries with a low HDI (mainly nations in sub-Saharan Africa) have a high incidence of cancers associated with infection (particularly cervical cancer), as well as liver cancer, stomach cancer and Kaposi's sarcoma. Countries with a higher HDI (such as Australia, Brazil, Russia and the United Kingdom) have higher rates of cancers associated with smoking (lung cancer), reproductive risk factors, obesity and diet (breast, prostate and colorectal cancer). Cancer incidence rates could increase by 93 percent in low HDI countries by 2030, and by 78 percent in medium HDI countries (such as South Africa, China and India) over the same period, according to study researchers. Lung cancer is currently not a leading type of cancer in low HDI countries, but that will change unless smoking is effectively controlled in these countries, the study authors noted in the news release. The researchers also found that 40 percent of worldwide cancer cases in 2008 occurred in countries with very high HDI levels, even though they had just 15 percent of the global population
- **U.S. on track to approve more cancer drugs in 2012** (6/4/12, Reuters) Cancer drug applications at the U.S. Food and Drug Administration are rising, with 20 submissions expected this year, as a better understanding of the molecular makeup of the disease leads to new treatments. Some of the novel techniques that are proving to be successful include

targeting specific gene mutations in tumors and harnessing the body's own immune system to seek out and kill cancer cells. Last year, 10 out of 30 new drugs approved by the FDA were for treatment of cancer. "This year we expect over 20 oncology applications will be filed," researchers said in an interview at a meeting of the American Society of Clinical Oncology in Chicago. Oncology drugs are unique in that the regulatory emphasis is on effectiveness rather than safety because patients are often so gravely ill. That does not mean, however, that every cancer drug to go before the FDA is a slam-dunk if a clinical trial demonstrates a statistically significant benefit for patients. The issue is particularly sensitive for drug trials designed to show an improvement in "progression-free survival," defined as the length of time a patient lives without their cancer getting worse. Cancer drug trials with PFS as their goal are usually much shorter than studies looking at the rate of overall survival for patients treated with an experimental drug.

- **SAVE THE DATE!!! - July 10th and 11th, 2012.** The Kentucky Department for Public Health is sponsoring a Social Marketing in Public Health Training. The featured presenter will be Carol Bryant, Ph.D., M.S., Florida Prevention Research Center at the University of South Florida. Look for forthcoming information on location and agenda.
- **(reminder) "Bridging Local and State Cancer Control Efforts through Evidence"**, webinar to be offered this upcoming **Tuesday, June 12, 2012, 2:00 p.m. – 3:00 p.m. EST.** It can be challenging to implement national or state goals and objectives, such as State Cancer Plans, at the local level and incorporate the evidence into programs in the community. The National Cancer Institute's June Research to Reality (R2R) cyber-seminar will feature examples of successful comprehensive cancer control coalitions using evidence-based public health practice to implement state cancer plans in local jurisdictions. The seminar will explore state and local health department perspectives as Bruce Behringer from the TN Dept. of Health, and Della Rhoades from Nodaway County Health Dept. in Missouri share their stories of success, lessons learned, and opportunities. Brandie Adams from the National Association for County and City Health Officials (NACCHO) will share information on its new upcoming resource guides. Register today at <https://researchtoreality.cancer.gov/cyber-seminars>.
- **(reminder) Coordinated School Health Symposium** Set for Monday, June 25th at the Marriott Griffin Gate in Lexington, this event is sponsored by the Kentucky School Boards Association (KSBA) and the KDE/KDPH Coordinated School Health (CSH) Team. The theme will be "Coordinated School Health: The Missing Link in Unbridled Learning." Registration information can be found [here](#) and [online](#).

Grants

- **(reminder) HHS announced available funding of \$70 million to improve the health of small communities.** The grants are part of the Community Transformation Grant (CTG) program, a prevention and wellness initiative administered by CDC. **NOTE:** In 2011, Louisville Metro Dept. of Public Health and Wellness was awarded a CTG grant of \$721,594,

and was the only KY entity to receive a CTG grant award. HHS is continuing to support the initial group of 68 CTG awardees. The CTG Small Communities Program grantees will work toward one or more of these five priority areas: (1) tobacco-free living; (2) active living and healthy eating; (3) evidence-based quality clinical and other preventive services, specifically prevention and control of high blood pressure and high cholesterol; (4) social and emotional wellness, such as facilitating early identification of mental health needs and access to quality services, especially for people with chronic conditions; and (5) healthy and safe physical environments. CDC expects to make 25 to 50 competitive grant awards. The awards are one-time funding with a two year project period. The FOA for the CTG program Small Communities component can be found at www.Grants.gov by searching for [NCCDPHP CDC-RFA-DP12-1216PPHF12: "PPHF 2012: Community Transformation Grants - Small Communities Programs financed solely by 2012 Prevention and Public Health Funds](http://www.CDC.gov/od/ohrt/PPHF12/PPHF12.htm). The letter of intent due 6/18/12 and application due 7/31/12. For an overview fact sheet about the Community Transformation Grant program, visit: <http://www.healthcare.gov/news/factsheets/2011/09/community09272011a.html>.

(reminder) Patient-Centered Outcomes Research Institute (PCORI) has released its first primary research funding announcements to support comparative clinical effectiveness research that will give patients and those who care for them the ability to make better-informed health care decisions. The four [PCORI Funding Announcements \(PFAs\)](#) involve up to \$96 million in funding and correspond to the first four areas of focus in PCORI's National Priorities for Research and Research Agenda: 1) **Assessment of Prevention, Diagnosis, and Treatment Options**- for projects that address critical decisions that patients, their caregivers and clinicians face with too little information 2) **Improving Healthcare Systems** - for projects that address critical decisions that face health care systems, the patients and caregivers who rely on them, and the clinicians who work within them 3) **Communication and Dissemination** - for projects that address critical elements in the communication and dissemination process among patients, their caregivers and clinicians 4) **Addressing Disparities** - for projects that will inform the choice of strategies to eliminate disparities. All application materials can be downloaded from the Funding Opportunities section of PCORI's website. For more information, please see our [press release](#) or visit pcori.org.

Prevention/Genetics/Causes

After Chest Radiation, Girls at Greater Risk for Early Breast Cancer: Study (6/4/12, HealthDay News) Girls who receive radiation to the chest to treat childhood cancer, even those getting lower doses, have a high risk of developing breast cancer at a young age, according to a new study. Researchers from Memorial Sloan-Kettering Cancer Center in New York City said the risk posed by radiation may be as great as that of the BRCA1/2 mutation. Previously, it was thought that only moderate to high doses of radiation raised breast cancer risk, but the new research showed that even those who got low doses face an increased risk and may warrant early screening for the disease. The researchers examined information on 1,200 women in the Childhood Cancer Survivor Study and 4,570 women who are first-degree relatives of participants in the Women's Environmental Cancer and

Radiation Epidemiology Study, which involved women diagnosed with breast cancer who survived at least one year after diagnosis. Among the childhood cancer survivors, 24 percent were diagnosed with breast cancer by the time they were 50 years old. Moreover, 30 percent who survived Hodgkin's lymphoma developed breast cancer. In comparison, the incidence of breast cancer by age 50 was 31 percent among the carriers of a BRCA1 mutation. The researchers said the roughly 50,000 women in the United States who were treated with higher doses of radiation when they were younger should get an annual mammogram and breast MRI either by the time they are 25 years old or eight years after their radiation therapy. The study was scheduled for presentation Monday at the annual meeting of the American Society of Clinical Oncology in Chicago.

- **The Walt Disney Company Takes Action to Help Prevent Childhood Obesity: Company to Change Marketing Standards, Sell Healthier Foods and Beverages** (RWJF, 6/4/12) The Walt Disney Company announced today that it will update marketing standards for its child-focused media outlets to ensure that foods and beverages advertised on them meet strong nutrition standards. Disney also announced it will make the foods and drinks it sells healthier, and unveiled a new labeling system to make it easier for kids and families to identify healthier choices. The changes are beginning now and will be fully implemented by 2015. The pledges made by Disney are some of the most comprehensive marketing and nutrition standards put forth by a private company. In full, they will affect foods and beverages are sold at Disney theme parks, products advertised on Disney TV and radio channels and websites, and Disney-licensed products in the grocery-store aisles.
 - o Learn more about the commitments.
- *(reminder)* **Save The Date! 2012 Kentucky Conference on HIV/AIDS and [Viral Hepatitis](#)** -- "Kentucky: Turning the Tide", August 14 - 15, 2012, Clarion Hotel - Lexington, Kentucky. The Kentucky Cabinet for Health and Family Services, Department for Public Health, is proud to announce The 2012 Kentucky Conference on HIV/AIDS and Viral Hepatitis. The conference will be held on Tuesday, August 14th and Wednesday, August 15th 2012. The conference will be held at the Clarion Hotel is located at 1950 Newtown Pike Lexington, KY 40511. [click here to download a "Save The Date" flyer.](#) Questions? Contact conference Co-Chairs michael.hambrick@ky.gov or beverly.mitchell@ky.gov or call them at 1-800-420-7431.

Program Planning

- **Guide to Community Preventive Services: Updated Cancer-related Systematic Reviews added** The Community Guide added evidence review results specific to the following Community Preventive Services Task Force (Task Force) findings. These Task Force findings are based on updates of systematic reviews conducted by Community Guide scientists and partners.

- o Skin cancer prevention:
Multicomponent Community-wide Interventions [Recommended]
This finding was changed from Insufficient Evidence to Recommended.
- o Breast, cervical, and colorectal cancer screening:
Provider-oriented Cancer Screening Interventions: Provider Incentives
[Insufficient Evidence for breast, cervical and colorectal cancer]
This finding is unchanged from the original review.
- o Client-oriented Cancer Screening Interventions: Client Incentives [**Insufficient Evidence for breast, cervical and colorectal cancer**]
This finding is unchanged from the original review.
- o Client-oriented Cancer Screening Interventions: One-on-one Education
[Recommended for breast, cervical and colorectal cancer using FOBT] The Task Force recommendation was unchanged (recommended based on strong evidence) for one-on-one client education to increase breast and cervical cancer screening. The Task Force finding for colorectal cancer screening using fecal occult blood testing (FOBT) was changed from Insufficient Evidence to Recommended based on sufficient evidence. However; there was insufficient evidence to determine the effectiveness of colorectal cancer screening with tests other than FOBT.

(reminder) **2012 Training series: Health for a Change: Ignite - Unite - Act!** The Foundation for a Health Kentucky values the work of people like you who strive to make Kentucky communities healthier places to live, work, study and play. FHK is set to launch a training series designed to offer the topics most valuable to advocates, non-profit staff and public health professionals, and has procured excellent speakers to present best practices and proven models of these skills in a combination of electronic webinar format and in-person workshops. The series starts in May with two webinars demonstrating how you and community partners can find and use data sources to identify and quantify the health needs of your community:

- o June 20th workshop will provide training on coalition building and maintenance. Later this summer, webinars will help you identify the differences between advocacy and lobbying, find policies and programs that are evidence-based, plan a budget and successfully apply for grant funding

Research

Consider sharing this research opportunity with breast cancer survivors within your networks: BREAST CANCER SURVIVORS: Researchers at the University of Kentucky want to talk with you about your experiences of managing treatment/recovery of breast cancer while working. Eligible participants are women, 18-65 years of age; were diagnosed with breast cancer in the last 12 months; were employed in a hourly job(s) for a total of at least

30 hours a week when Diagnosed; Earned \$15.00/hr or less; your breast cancer was a new cancer diagnosis (versus a recurrence of breast cancer). To learn more about the study please contact: 859-323-0586. What's involved? Telephone interview: 1-hour conversation with researcher; Brief survey; Study participants will be compensated for their time.

Skin Cancer

- **U.S. Preventive Services Task Force: Final Recommendation Statement on Behavioral Counseling to Prevent Skin Cancer** In an update to its 2003 recommendation, the USPSTF now recommends counseling children, adolescents, and young adults ages 10 to 24 years who have fair skin about minimizing their exposure to ultraviolet radiation to reduce risk for and prevent incidence of skin cancer. (B recommendation) The USPSTF also concluded that the current evidence is insufficient to assess the balance of benefits and harms of counseling adults older than age 24 years about minimizing risks to prevent skin cancer. (I Statement) The final recommendation statement appears in the May 8 issue of *Annals of Internal Medicine* and is available on the USPSTF website at www.uspreventiveservicestaskforce.org/uspstf/uspsskco.htm. This webpage also includes a summary of the evidence the Task Force reviewed and a fact sheet that explains the final recommendation statement in plain language.

Smoke-free

- **Updated Lists and Maps of Smoke-free Communities.** On June 1, 2012, the Kentucky Center for Smoke-free Policy updated the following resources. Check them out!
 - o [List of Kentucky Communities with Smoke-free Laws or Regulations](#)
 - o [Map of Kentucky Communities with Smoke-free Laws or Regulations by Strength of Law](#)
 - o [Percent 100% Smokefree Kentucky Workplaces](#)
- **Cigarette Tax Hikes Curb Smoking in Pregnancy: Study** (6/5/12, HealthDay) When taxes on cigarettes go up, smoking among pregnant Americans goes down, new research reveals. Exploring the potential impact of state tobacco control policies on pregnant smokers, the study suggests that bumping cigarette prices by a dollar a pack can translate into a notable increase in the quit rate among pregnant women and new mothers. Researchers discuss their findings in the early online publication of the July issue of the *American Journal of*

Preventive Medicine. The authors point out that nearly one-quarter of all pregnant women in the United States are smokers, with more than half refusing to quit during their pregnancy. To gauge how state public policy may affect smoking habits among pregnant women, the authors pored through data concerning nearly 225,500 American women who gave birth between 2000 and 2005. The women were tracked during pregnancy and through four months post-delivery. The results: A dollar increase in cigarette taxes/prices appeared to prompt a nearly 5 percent increase in the probability that a pregnant woman would kick the habit by her final trimester (up from about 44 percent to nearly 49 percent).

(reminder) [Smoke-free Kentucky Coalition Meeting](#) The Smoke-free Kentucky Coalition will be hosting a meeting to exchange ideas on how to strengthen the Coalition, and needs input in taking their campaign to the next level. The Coalition is inviting their 230 Smoke-free Kentucky organizational and business partners as well as hospital administrators. They will be offering the same session at two different times to accommodate Coalition members' schedules. You only need to attend one session: Tuesday, June 12th from 11:30am -1:30pm, Lunch Included OR Thursday, June 14th from 5:00 p.m.-6:30 p.m., Dinner Included. Location: Central Baptist Hospital-Education Center-Lower Level Building E-Auditorium, 1740 Nicholasville Road, Lexington, KY 40503. RSVP your attendance to Betsy Janes with the American Lung Association at betsyj@kylung.org.

Smoking Cessation

(reminder) [Cooper/Clayton Method to Stop Smoking classes](#) will be offered by the Lexington-Fayette County Health Department this summer. The next series will begin on Wednesday, June 20th and will be held at the Public Health Clinic South, and consists of 12-weeks of education on coping skills and how to effectively use nicotine-replacement therapy products. The classes are also provided in a supportive group format. For more information, click on the link above or call Angela Brumley-Shelton with the Lexington-Fayette Health Dept. at 859-288-2395.

Survivorship

· **Ginseng Capsules Seem to Ease Cancer-Related Fatigue (6/4/12, HealthDay News)** The herb ginseng appeared to significantly reduce cancer-related fatigue compared to an inactive placebo, although it took several weeks for the herb's effects to take effect in the patients, a new study reports. In the study, the researchers gave either a placebo or 2,000-milligram capsules of ground ginseng root to 340 patients who were being treated for cancer or had completed cancer treatment. The patients took capsules of pure American ginseng instead of some over-the-counter ginseng products that can include ethanol. Ethanol may be potentially dangerous to breast cancer patients, study researcher Debra Barton of the Mayo Clinic Cancer Center said in a news release from the clinic. "After eight weeks, we saw a 20-point improvement in fatigue in cancer patients, measured on a 100-

point, standardized fatigue scale," Barton said. Those who took the ginseng capsules didn't report much improvement at four weeks, but at eight weeks they reported they felt less "worn out," "fatigued," "sluggish" or "tired," compared to those who took the placebo, the investigators found. The study authors noted that ginseng didn't seem to have any side effects.

- **SAVE THE DATE: Academy of Oncology Nurse Navigators' Third Annual Navigation & Survivorship Conference**, September 14-16, 2012 • Phoenix, Arizona. REGISTER TODAY! AONN's Third Annual Conference will continue to advance the navigation profession by expanding the scope of educational sessions, networking opportunities, and poster presentations. In addition, this year's conference will address the evolving challenges of program improvement, the role of personalized medicine, and implementing best practices in navigation, survivorship, and psychosocial care. Early Bird registration - \$295 (Expires August 1, 2012). All clinical and nonclinical professionals involved or interested in patient navigation and survivorship should attend. This conference will enhance the skills and knowledge of: Oncology Nurse Navigators, Patient Navigators, Oncology Social Workers, Administrators, Case Managers, Care Managers, Oncology Nurses & Nurse Practitioners, Practice Managers.

- **Markey Partners with local chefs to host free healthy summer cooking demonstrations (6/1/12, UK Now)** The University of Kentucky Markey Cancer Center and several local chefs will collaborate this summer to offer free cooking demonstrations to cancer patients, survivors and caregivers looking to bring culinary sophistication and a healthier diet to the table. Demonstrations will cover a variety of topics concerning nutrition for cancer patients and survivors. The current roster of cooking demonstrations includes: Increasing calorie consumption, featuring chef and registered dietitian Cynthia Chandler from Sullivan University. This session will be held July 30, 4-5:30 p.m. at the Combs Research Building at the UK Markey Cancer Center. Chef Chandler will place emphasis on how to increase calorie consumption in order to get the most food energy out of your diet. Cooking techniques and recipes will feature simple ways to booster the food energy in smoothies, shakes and high-calorie soups. Cooking homegrown fruits and vegetables, featuring Benita McCoy-Lyons of Real McCoy Catering. Real McCoy Catering is partnering with Markey for two special cooking demonstrations on June 16 and Aug. 19 from 10 a.m. — noon. Sessions will be held at Rushing Wind Farm, off Iron Works Pike at 3337 Rushing Wind Lane.

- *(reminder)* [American Cancer Society's Relays for Life](#) are being held across Kentucky throughout the Spring and Summer months. Relay is an overnight relay-style event where teams of people (survivors, caregivers, community members) camp out around a track. Members of each team take turns walking around the track for the duration of the event. Food, games and activities provide entertainment and fundraising opportunities, with a family-friendly environment for all. Because it's a Relay, attendees are not required to be there the entire time...but it's so fun, you might find it hard to leave!

- Youth ages 6-11 who have a cancer connection are invited to be part of Gilda's Club Louisville's summer day camp June 25-29. Camp Gilda: The Amazing Race provides support and education for kids on a cancer journey (their own or someone they are connected to) as well as lots of fun and field trips. An added twist this year is Gilda's very own version of The Amazing Race. The week ends on Friday June 29 with the Gilda Carnival at the clubhouse that is open to the public. It is a service project for the campers who run the carnival and donate proceeds to another local cancer organization. There is no cost to attend Camp Gilda but youth who have not before attended summer camp at Gilda's Club will be first priority. Call the clubhouse at 583-0075 to reserve a spot!

Worksite Wellness

(reminder) **Webinar: Making the Case for Worksite Health, Leadership & Culture**, Monday, June 18th, 1:00 - 2:30 p.m. EDT. The CDC [National Healthy Worksite Program](#) (NHWP) is providing employers and interested organizations nationwide access to worksite health training and resources beginning this summer. Webinars focus on practical, skill-building training for employers to implement comprehensive worksite health programs. This first in the series of five trainings provided by the CDC will discuss the key components of a worksite health program; the relationship between individual employee health and organizational performance; and how to create leadership support and build a strong infrastructure and culture for worksite health. Attendees will also have the opportunity to hear the latest information about the recently implemented National Healthy Worksite Program

- Space is limited. [Reserve your webinar seat.](#)