

Dear **Kentucky Cancer Consortium** Partners:

KCC is pleased to provide you with the **May 7, 2014** issue of “Wednesday’s Word” (see table below), a bi-weekly KCC communication relaying recent state and national cancer control articles, resources, events and tools to your “cyber-doorstep”. You may read archived editions on [our website](#). If your organization has a cancer- related item for Wednesday's Word, feel free to contact Katie Bathje at katie@kycancerc.org.

Sincerely, Kentucky Cancer Consortium Staff

CATEGORY	TITLE
Breast Cancer	<ul style="list-style-type: none"> • How safe is surgery for metastatic breast cancer? There are significantly more complications and deaths soon after primary surgery for metastatic breast cancer than for earlier-stage disease, according to a new retrospective study. Other significant predictors of having a complication included age, diabetes, smoking status, axillary lymph node dissection & operative time. Why is a patient with metastatic breast cancer more likely to have a complication? B/c they are likely to have “systemic changes” that predispose them to other medical difficulties. The results of the study “reinforce” the need to inform patients about ALL possible outcomes of surgery.
Cancer Screenings (General)	<ul style="list-style-type: none"> • Why we Screen for Some Cancers and Not Others? The American Cancer Society (ACS) explains it uses scientific evidence to create guidelines for cancer screening that looks at the benefits (finding cancer early or sometimes preventing it) versus the risks of the screening tests themselves (anxiety, pain, additional testing, treatment or other side effects). The higher a person’s risk for cancer- due to age, family history, or other factors- the more likely the benefits of screening outweigh the risks. ACS has screening guidelines for breast cancer, cervical cancer, colon cancer, lung cancer, & prostate cancer.
Colon Cancer	<p>2014 Kentucky Colon Cancer Screening Program Forum: Improving Screening with a Blended Strategy & Community Effort {include email invitation attachment}</p> <p>When: May 21st, 2014, 5:30pm - please register by May 16th (registration website: http://www.coloncancerpreventionproject.org/component/content/article/188.html or call 502-290-0288)</p> <p>Where: Marriott Griffin Gate, Lexington, KY</p> <p>Includes: Registration is FREE & includes a CE credit and Dinner</p> <p>Who should attend: Primary Care Physicians, Gastroenterologists, General Surgeons, Nurses, Patient Navigators, etc.: The forum is open to anyone who would like to learn more about colon cancer screening modalities so please share with your partners and especially community providers.</p> <p>Purpose: To provide education on quality colonoscopies, stool-based screenings, the "under 50" trend, & the KY Colon Cancer Screening Program.</p> <p>Overall Goal: By offering a training such as this, the Kentucky Colon Cancer Screening Program and the Colon Cancer Prevention Project hope to better acquaint all physicians and medical providers across the state on the importance of FIT colorectal cancer screening.</p> <p>Attachment: See the attached invitation for details</p> <p>Many thanks to the Kentucky Colon Cancer Screening Program and the Colon Cancer Prevention Project for hosting this event! Please contact the Colon Cancer Prevention Project at the website or number listed above to register or contact Janet Luttrell, Manager with the</p>

	<p>Kentucky Colon Cancer Screening Program, for more information (email: janet.luttrell@ky.gov and phone: 502-564-7996 x-4441).</p> <p>Final Research Plan: Screening for Colorectal Cancer: The U.S. Preventive Services Task Force (USPSTF) has posted a final Research Plan on CRC screening. This Plan will guide a systematic review of the evidence by researchers at an Evidence-based Practice Center. The resulting Evidence Report will form the basis of the USPSTF Recommendation Statement on this topic. FIT screening is noted in this Plan as well as attention to subpopulation disparities.</p>
Data	<ul style="list-style-type: none"> • 2012 STATE and COUNTY Estimates of People with/without Health Insurance Coverage is available: The U.S. Census Bureau released the <i>2012 Small Area Health Insurance Estimates (SAHIE)</i>. It is available at http://www.census.gov/did/www/sahie/index.html
Leukemia & Lymphoma	<ul style="list-style-type: none"> • Acute Lymphoblastic Leukemia: Understanding Diagnosis & Treatment for Adults Virtual lecture & presentation slides are available. Check out past presentations on blood cancers on the Leukemia & Lymphoma Society's website at: http://www.lls.org/#/researchershealthcareprofessionals/ce/cepast/
Lung Cancer	<ul style="list-style-type: none"> • WEBINAR: Radon, Smoking, & Lung Cancer: Tracking States Collaborate to Improve Visualization & Outreach: Thursday, May 15th, 1:00-2:30 PM EST; Register at https://www1.gotomeeting.com/register/925853768 Hosted by the CDC's Environmental Health Tracking Branch. Seven of CDC's Environmental Public Health Tracking Network grantees pilot tested the visualization of radon, smoking, and lung cancer data & information together.
Oral Cancer	<ul style="list-style-type: none"> • HPV-Linked Oral Cancers May Not Be 'Contagious' A <i>Journal of Clinical Oncology</i> study on long-term couples found kissing deeply did not raise partners' risk of oral HPV (human papillomavirus) infections, despite a partner with a diagnosis of HPV-related mouth or throat cancer.
Patient Navigation	<ul style="list-style-type: none"> • Robert Wood Johnson (RWJ) Foundation awards \$16 million to Health Leads organization to help health care providers address social factors: RWJ provided grant funding to Health Leads, an organization which enables physicians & other health care providers to <i>prescribe</i> basic resources such as food & heat for low-income patients. By having service desks in health care facilities, they hope to build a culture that makes it easier for health care providers to address social factors affecting their patients' health. The program appears to be run by volunteers and patients are connected to community services.
Prevention, Genetics, Risk Factors	<ul style="list-style-type: none"> • CALL FOR PROPOSALS: 8th Annual Southern Obesity Summit, October 5-7, 2014, Louisville Marriott Downtown, Louisville, KY. Become part of the largest regional obesity prevention event in the South this fall! The breakout sessions at the Summit will help attendees develop strategies and provide resources and tools to use in their work to reverse the obesity epidemic through working together with other southern states. To submit proposals please click here. Don't forget, the deadline for submissions is Friday May 16th. • Smoking, Drinking Combo Raises the Odds for Esophageal Cancer: People who consume BOTH combustible tobacco and drink alcohol are nearly twice as likely to develop esophageal cancer as those with only one of those unhealthy habits, as reported by a new study in the <i>American Journal of Gastroenterology</i>. • Recent CDC information on Preventable Deaths and Causes of Deaths: <ul style="list-style-type: none"> ○ Southeastern States Have Highest Rates of Preventable Deaths Southeastern states have a combination of unhealthy trends that increases the overall risk of

	<p>premature death, including higher smoking rates, greater obesity rates, lower rates of physical activity and less blood pressure control. Full article can be accessed in the MMWR: http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6317a1.htm?s_cid=mm6317a1_e</p> <ul style="list-style-type: none"> ○ Leading Causes of Death & Tobacco: A recent Morbidity & Mortality Weekly Report (MMWR) indicated that the five leading causes of death in the U.S. were from: 1) diseases of the heart, 2) cancer, 3) chronic lower respiratory diseases, 4) cerebrovascular diseases (stroke), and 5) unintentional injuries. Interesting to note, Kentucky had the most potentially preventable deaths from cancer (n=2,844) of all the leading causes. The article also noted risk factor reduction, early intervention, and successful treatment were needed to reduce the earlier than expected deaths across the U.S., with tobacco use being indicated as a major modifiable risk factor in 4 of the 5 leading causes of death (diseases of the heart, cancer, chronic lower respiratory diseases, and cerebrovascular diseases (stroke)). To access the MMWR report: http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6317a1.htm?s_cid=mm6317a1_e ○ Up to 40% of annual deaths from each of 5 leading Causes of Death are Preventable Good infographics as well as a condensed version of the MMWR article reported above. ● Stay Healthy at Any Age: The Agency for Healthcare Research & Quality (AHRQ) has four <i>Stay Healthy</i> brochures on their website: http://www.ahrq.gov/patients-consumers/prevention/lifestyle/index.html Brochures include cancer screening recommendations based on the USPSTF recommendations as well as other general health information including weight loss and smoking cessation.
<p>Prostate Cancer</p>	<ul style="list-style-type: none"> ● Low Vitamin D linked to aggressive, advanced prostate cancers: Low blood levels of vitamin D <u>may</u> be linked to more aggressive and advanced cases of prostate cancer in men. The study, published in <i>Clinical Cancer Research</i> May 1st, suggests Vitamin D may play an important role in how prostate cancer starts & spreads, with an even stronger connection seen in black men. More research is needed to explain the relationship between Vitamin D levels and prostate cancer risk.
<p>Radon</p>	<ul style="list-style-type: none"> ● WEBINAR: Radon, Smoking, & Lung Cancer: Tracking States Collaborate to Improve Visualization & Outreach: Thursday, May 15th, 1:00-2:30 PM EST; Register at https://www1.gotomeeting.com/register/925853768 Hosted by the CDC's Environmental Health Tracking Branch. Seven of CDC's Environmental Public Health Tracking Network grantees pilot tested the visualization of radon, smoking, and lung cancer data & information together.

<p>Survivorship</p>	<ul style="list-style-type: none"> • REMINDER: WEBINAR: Cancer Survivor Resource Inventory Webinar today, May 7, 2014. Two webinars will be offered to accommodate time zones: 1-1:30 pm EDT and 7-7:30 pm EDT. The National Cancer Survivorship Resource Center (The Survivorship Center) is a collaboration between the American Cancer Society (ACS) and the George Washington University Cancer Institute. Kerry Beckman, CHES, MPH, of the ACS, will present an overview of survey results, and Nicole Erb, Program Manager, also of ACS, will kick-off group discussion to identify ways we can collaborate to prioritize and address survivorship program gaps and leverage lessons learned to aid health care systems in meeting the needs of adult post-treatment cancer survivors. Please click on the below link to register. To learn more about The Survivorship Center, visit cancer.org/survivorshipcenter For more information please contact Nicole Erb at nicole.erb@cancer.org. Click on a time slot to register: MAY 7, 1-1:30pm or MAY 7, 7-7:30pm • REMINDER: caSNP Webinar on Best Practices for Cancer Survivor Education Programs. Save the date for the next caSNP webinar on Best Practices for Cancer Survivor Education Programs on May 14, 2014 from 12-1 pm ET. You can also check out The Survivorship Center: Improving Quality of Life for Post-Treatment Survivors in their caSNP webinar archive. • Alleviating Depression among Patients with Cancer: This new intervention was listed on the Research-tested Intervention Programs (RTIPs) website for cancer patients and their caregivers who are receiving acute or follow-up oncology care. Key findings of the study included decreased depression at follow-up as well as improved physical, emotional, functional, and social/family well-being quality of life. This program can be adapted to working with disparate populations. • Joblessness an Unwanted Side Effect of Chemo for Breast Cancer Study found over one-third who had the chemotherapy were unemployed four years later, compared to patients who get other treatments for breast cancer. The study, published April 28th in <i>Cancer</i>, noted that it is important to consider quality of life in choosing different treatment options with their long-term effects regarding breast cancer treatment.
<p>Tobacco Control</p>	<ul style="list-style-type: none"> • FDA Proposes E-Cigarette Regulations. Opponents of the increasingly popular devices worry about their impact on children. • Tobacco as a Modifiable Risk Factor: A recent Morbidity & Mortality Weekly Report (MMWR) indicated that the five leading causes of death in the U.S. were from: 1) diseases of the heart, 2) cancer, 3) chronic lower respiratory diseases, 4) cerebrovascular diseases (stroke), and 5) unintentional injuries. Interesting to note, Kentucky had the most potentially preventable deaths from cancer (n=2,844) of all the leading causes. The article also noted risk factor reduction, early intervention, and successful treatment were needed to reduce the earlier than expected deaths across the U.S., with tobacco use being indicated as a major modifiable risk factor in 4 of the 5 leading causes of death (diseases of the heart, cancer, chronic lower respiratory diseases, and cerebrovascular diseases (stroke)). To access the MMWR report: http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6317a1.htm?s_cid=mm6317a1_e

	<ul style="list-style-type: none"> • Promote the 50th Anniversary of the Surgeon General’s Report on Smoking & Health: There are a number of infographics related to smoking and health that you can check out- specifically there is one for lung cancer risk for smokers (males & females) vs. people who have never smoked.
Worksite Wellness	<p>6th Annual Mayor’s Healthy Hometown Worksite Wellness Conference & Awards</p> <p>When: Wednesday, May 21st, 7:30am-4:30pm EST</p> <p>Where: Gheen’s Foundation Lodge, 1421 Beckley Creek Parkway, Middletown, KY 40245</p> <p>Registration fee: \$50 on-line, \$60 at the door</p> <p>Agenda and registration information: http://origin.library.constantcontact.com/download/get/file/1112456211477-48/Conference+Brochure+2014.pdf</p>
Events	<ul style="list-style-type: none"> • LOUISVILLE: There are MULTIPLE upcoming events and support groups are being held at Gilda’s Club Louisville, from Wellness Groups to book clubs to support for caregivers. See attached flyer for topics, dates and times.