

Dear **Kentucky Cancer Consortium** Partners:

The Kentucky Cancer Consortium (KCC) is pleased to provide you with the **May 11, 2016** issue of “Wednesday’s Word” (see table below), a bi-weekly KCC communication relaying recent state and national cancer control articles, resources, events and tools to your “cyber-doorstep”. You may read archived editions on [our website](#). If your organization has a cancer- related item for Wednesday's Word, feel free to contact Katie Bathje at katie@kycancerc.org

Sincerely, Kentucky Cancer Consortium Staff

CATEGORY	TITLE
ACA & Cancer	<ul style="list-style-type: none"> • Study shows uninsured rate keeps falling, preventive services are popular and rural hospitals have more uncompensated care • Nearly 1 Million More Kids Have Health Coverage After Obamacare: Study shows 91 percent of Medicaid-eligible children are now enrolled
Aging & Cancer	<ul style="list-style-type: none"> • ASCO Resources for Older Adults with Cancer: More than 60% of cancers in the United States occur in people age 65 and older. Find resources and information about some of the unique concerns that older adults and their families face after a cancer diagnosis.
Breast Cancer	<ul style="list-style-type: none"> • New Findings Bring More Personalized Breast Cancer Treatments Closer • CDC's breast cancer Web site has been updated with the latest expert recommendations for screening mammography and the risks and benefits of screening. In easy-to-understand language, the site offers comprehensive information about breast cancer symptoms, risk factors, and ways to reduce risk. The “Breast Cancer: What You Need to Know” fact sheet provides basic information about breast cancer in one page that is formatted for printing and ideal for distribution at clinics and health fairs.
Cancer Control	<ul style="list-style-type: none"> • The Kentucky Cancer Summit date has been moved from November 9th – 10th, 2016 to Spring 2017. As we consider a new date, please let us know ASAP of any health related conferences/meetings that are already scheduled for March or April 2017. We want to select dates that would not compete with any other partner organizations. Please send info to Jennifer Redmond Knight at jredknight@kycancerc.org
Caregiving	<ul style="list-style-type: none"> • Depression Strikes, Stays With Many Caregivers of Critically Ill: One year later, 43 percent were clinically depressed or had depressive symptoms, study found.
Childhood Cancers	<ul style="list-style-type: none"> • NIH resources to help families navigate pediatric palliative care
Chronic Disease	<ul style="list-style-type: none"> • Join us for the 2016 Kentucky Asthma Symposium on May 18th. The event is free and will take place at the University of Louisville Shelby Campus from 9:00am – 3:30pm. This one-day education event is designed for healthcare professionals and others concerned about reducing the burden of asthma in Kentucky. The program will feature clinical and policy experts who will cover asthma management and control including

	clinical care, environment and policy issues, data and surveillance, and health systems/quality improvement. Register today.
Colon Cancer	<ul style="list-style-type: none"> • Statins Might Not Lower Colon Cancer Risk: Study -- But cholesterol levels may be associated with reduced chance of disease. • WEBINAR: NCCRT is hosting a webinar entitled, “Guidance on implementing FIT-based screening programs”, Wednesday, June 29th at 12:00 Noon EST, with speakers: Durado Brooks, MD, MPH, American Cancer Society and Gloria Coronado, PhD, Kaiser Permanente Center for Health Research.
Cost	<ul style="list-style-type: none"> • Many Americans, including those on Obamacare plans, can't afford their health-insurance deductibles, studies show
Environmental Carcinogens	<ul style="list-style-type: none"> • Smog May Boost Risk for Several Cancers: Study finds even small increases in pollution raised overall odds of dying from disease by 22 percent. • Elevated bladder cancer risk in New England and arsenic in drinking water from private wells. • Radon in the Home May Be Linked to Blood Cancers in Women: Study found no connection with men, further research is needed.
Gender	<ul style="list-style-type: none"> • Men more likely to withhold health problems from male physicians, study finds • ACS Resource: Cancer Screening Tests All Women Should Know About
Health Equity	<ul style="list-style-type: none"> • Discrimination linked with stress, poor health, new report finds
Human Papilloma Virus	<ul style="list-style-type: none"> • REMINDER: HPV Conference: Join us at the HPV You ARE the key! Conference at the Embassy Suites, 1801 Newtown Pike in Lexington on June 21st. The conference is sponsored by the Kentucky Rural Health Association in collaboration with the Kentucky Immunization Program and the Division of Women’s Health. View the draft agenda and sponsor form, and register on TRAIN.
Liver Cancer	<ul style="list-style-type: none"> • Hepatitis C Now Leading Infectious Disease Killer in U.S.: CDC notes that nearly 20,000 Americans died in 2014 from the widespread, but treatable, illness.
Lung	<ul style="list-style-type: none"> • Lung Cancer Surgery Worthwhile for Older Patients: Study found those 65 and older survived longer when they had operation. • REMINDER -- FREE CME: A free interactive online CME course on lung cancer is now available at www.lungcancerinkentucky.org. The course was developed for primary care providers by the Kentucky LEADS Collaborative at Kentucky Cancer Program/University of Louisville.
Medicaid	<ul style="list-style-type: none"> • Beshear urges no 'back room' Medicaid deals

Medicare	<ul style="list-style-type: none"> • Administration takes first step to implement legislation modernizing how Medicare pays physicians for quality
Obesity, Nutrition and Physical Activity	<ul style="list-style-type: none"> • Join us for the annual statewide Partnership for a Fit Kentucky gathering, “Creating the Demand”, on June 8, 2016, 9:00 AM to 3:30 PM (EST) at the Fayette County Extension Office - 1140 Red Mile Place, Lexington, KY 40504. The agenda will include lessons about inspiring demand, introducing new #fitkyheroes, opportunities for networking, statewide partner updates, and a special Junior Chef lunch! Register Here. • FDA to Re-examine What Makes a Food 'Healthy': Agency acknowledges changing standards, concerns. • Childhood obesity rates continue to rise nationally while Ky.'s rate has leveled off, but 1/3 of kids are still overweight or obese • Stay Lean, Live Longer: Researchers found slimmest people had lowest chances of dying in two studies. • UK study shows new potential marker for obesity • Study Links Excess Pre-Pregnancy Weight, Smoking to Heavy Kids -- Childhood obesity seems more likely when mothers are less educated. • QuickStats: Percentage of U.S. Adults Who Met the 2008 Federal Physical Activity Guidelines for Aerobic and Strengthening Activity, by Sex — National Health Interview Survey, 2000–2014. MMWR Morb Mortal Wkly Rep 2016;65:485.
Palliative Care	<ul style="list-style-type: none"> • Do palliative/hospice care and cancer therapy have to be mutually exclusive? (<i>ASCO Connection</i>)
Pharmaceuticals	<ul style="list-style-type: none"> • Cutting Brand-Name Drug Use Could Save U.S. \$73 Billion: Study -- The nation spends more on medications than any other country, researchers say. • Huge Price Increases for Oral Cancer Drugs Since 2000: Study
Policy	<ul style="list-style-type: none"> • The American Cancer Society Cancer Action Network has a position opening for the Kentucky Grassroots Manager. The position posting can be found at: http://www.acscan.org/careers
Stomach Cancer	<ul style="list-style-type: none"> • NEW REPORT: Preventing Stomach Cancer (AICR)
Survivorship	<ul style="list-style-type: none"> • Stopping Tobacco Use After a Cancer Diagnosis • Mindfulness Therapy May Help Ease Recurrent Depression: Review of 9 studies suggests it helps patients better cope with troubling thoughts and emotions.
Tobacco Control	<p>Tobacco Control</p>

	<ul style="list-style-type: none"> • FDA Banning E-Cigarette Sales to Minors: Agency also wants other retail restrictions on access to vaping products. • If 1 in 10 U.S. Smokers Quits, \$63 Billion Saved -- Study finds the health cost benefits come within a year. • California Governor Signs Bill Raising Smoking Age to 21 • Young LGBT Adults Are Target of FDA Stop-Smoking Campaign: Tobacco use is common among these 18- to 24-year-olds, agency says. • ASCO update: Health Risks of E-cigarettes, Smokeless Tobacco, and Waterpipes • Freedom From Smoking® Facilitator Trainings: Schedule trainings in your area of the state, and discuss scholarships by contacting Bobbye Gray at bobbye.gray@ky.gov or 502-564-9358 ext. 4017. The \$100 registration fee includes FFS Facilitator Guide, certificate of course completion, continental breakfast and lunch. <p>E-cigarettes</p> <ul style="list-style-type: none"> • E-Cigarette Poisonings Skyrocket Among Young Kids: Study -- Swallowing the liquid nicotine appears to affect kids under 6 the most, data show. • E-Cigarettes 'In' at Some Schools: In certain places, teens more likely to vape, regardless of regular cigarette use, study says <p>Secondhand Smoke</p> <ul style="list-style-type: none"> • American Cancer Society and CVS Health Launch Bold Initiative to Help Colleges Go Tobacco-Free: Program aims to accelerate and expand number of campuses that are 100% smoke- and tobacco-free
<p>Events</p>	<p>Events in Lexington</p> <ul style="list-style-type: none"> • CONFERENCE: The Art and Science of Palliative Medicine Conference: May 13, 2016, Keeneland Sales Pavilion, 4201 Versailles Rd., Lexington, KY 40501. Hosted by Hospice of the Bluegrass. Participants will identify the importance of palliative care in meeting the needs of seriously ill individuals; Describe strategies for encouraging advance care planning and conversations around values and preferences for medical care in the context of serious illness; articulate key trends in health care delivery that will influence the future of hospice and palliative care. CEs available. Registration is \$99. • MEETING: Partnership for a Fit Kentucky Networking Meeting, “Creating the Demand”, to be held on June 8th at Fayette County Cooperative Extension in Lexington. Registration begins at 9:00 am, meeting from 10:00 am – 3:30 pm. Network with partners across the state and learn about innovative projects that are improving access to healthy foods and physical activity. Learn how to start conversations that will build demand for healthier environments in your community. Register today.

- **HPV Conference:** Join us at the [HPV You ARE the key!](#) Conference at the Embassy Suites, 1801 Newtown Pike in Lexington on **June 21st**. The conference is sponsored by the Kentucky Rural Health Association in collaboration with the Kentucky Immunization Program and the Division of Women’s Health. View the [draft agenda](#) and [sponsor form](#), and [register on TRAIN](#).
- The [Kentucky Primary Care Association](#) is hosting their [2016 Annual Conference](#) on **November 9-11, 2016**, at the Embassy Suites in Lexington, KY . [Register today!](#)

Events in Louisville

- **CONFERENCE: [Never Too Young Forum: A focus on under 50 colon cancer](#) on **June 9th, 2016 at Spalding University in Louisville**.** This free event, hosted by the Colon Cancer Prevention Project, will spotlight the under-50 trend and what physicians and supporters can do to address it. Breakout sessions for patients, survivors and caregivers impacted at age 50 and under will also be held. Five (5) Continuing Education credits available!
- **CONFERENCE: [8th Annual Worksite Wellness Conference & Awards: Wednesday, May 18th, 2016, 7:30am – 4:00pm](#), E.P. “Tom” Sawyer State Park, Sawyer Hayes Community Center, 3000 Freys Hill Rd., Louisville, KY 40241.** Join 250+ individuals to learn how to establish and grow a worksite wellness program, learn about new proven resources, network with others focused on wellness, and share wellness program success stories.
- There are MULTIPLE upcoming events and support groups are being held at [Gilda’s Club Louisville](#), from Wellness Groups to book clubs to support for caregivers. Check out [this flyer](#) for topics, dates and times!

Events of Interest (in chronological order)

- **[The 8th Biennial Cancer Survivorship Research Conference, “Innovation in a Rapidly Changing Landscape,”](#) will be held **June 16-18, 2016**, at the Omni Shoreham Hotel in Washington, DC. [Registration is NOW OPEN for the 2016 Cancer Survivorship Research Conference and Survivor Advocate Program.](#) The American Cancer Society, the National Cancer Institute of the National Institutes of Health, the Centers for Disease Control and Prevention, and the LIVESTRONG Foundation are bringing together researchers, clinicians, cancer survivors, advocates, program planners, policy-makers, and public health experts to present, discuss and disseminate groundbreaking cancer survivorship research.**
- **[Unity 2016 Conference to be held in Atlanta, Georgia - Community Health Workers: Social Change Agents Advancing Health Equity and Improving Outcomes.](#)** The Center for Sustainable Health Outreach (CSHO) at The University of Southern Mississippi will hold its 14th annual Unity conference **July 17-20, 2016 at Crowne Plaza Atlanta Midtown** in Atlanta, Georgia. Unity 2016 is a national conference designed for and about community health workers, and will address the role community health workers play in creating access to care, reducing care costs, and promoting healthy and happy communities.

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| | <ul style="list-style-type: none">• Area Health Education Center 25th Annual Summer Conference will be held July 21 & 22, 2016 in the Rockcastle County High School in Mt. Vernon, Kentucky.• SAVE THE DATE: The <u>25th AICR Research Conference on Nutrition, Physical Activity, Obesity and Cancer</u> will be held on November 14-16, 2016 at the Marriott Bethesda North Hotel & Conference Center in North Bethesda, MD. |
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