Dear Kentucky Cancer Consortium Partners:

The Kentucky Cancer Consortium (KCC) is pleased to provide you with the January 11, 2017 issue of “Wednesday’s Word” (see table below), a bi-weekly KCC communication relaying recent state and national cancer control articles, resources, events and tools to your “cyber-doorstep”. You may read archived editions on our website. If your organization has a cancer-related item for Wednesday’s Word, feel free to contact Katie Bathje at katie@kycancerc.org

Sincerely, Kentucky Cancer Consortium Staff

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| ACA & Cancer | • Sen. Rand Paul offers plan to repeal most of Obamacare, including requirement to cover pre-existing conditions  
• PBS NewsHour looks at Kentucky’s Medicaid expansion, governor’s plans to change it and his predecessor’s reaction  
• Obamacare Boosts Breast Cancer Screening, Study Finds: Waiving costs appears to improve mammography rates, but not colonoscopy, even among the poor.  
• Study says removing Medicaid expansion and premium subsidies, without replacement, would cost 45,000 jobs in Kentucky in 2019  
• Public Health Institute issues statement: We oppose any efforts to repeal or weaken the ACA  
| Breast Cancer | • Obesity and Breast Cancer Prognosis: Evidence, Challenges, and Opportunities |
| Colon Cancer | • The Colon Cancer Prevention Project’s “Fighter’s Fund” grants will now be awarded monthly instead of quarterly. The Fund provides one-time grants to colon cancer patients in Kentucky and Southern Indiana who need it most. |
| Community Health Workers | • SAVE THE DATE: The Kentucky Association of Community Health Workers will meet on Tuesday, February 21st, 2017 at the Marriott Griffin Gate Resort on 1800 Newton Pike in Lexington, KY. This meeting will be held in conjunction with a Community Health Worker (CHW) Programming Informational Seminar, introducing (or re-introducing) the benefits of CHW programming to potential CHW employers, as well as an incentive opportunity to entities willing to initiate CHW programming. A continental breakfast, plenaries, breakout sessions and lunch will be provided. Registration and promotional materials will be available soon. For information, contact Gina Brian at ginal.brien@ky.gov |
| Costs | • CDC MMWR QuickStats: Percentage of Adults Aged ≥18 Years Who Are Very Worried about Medical Costs, by Home Ownership and Age Group — National Health Interview Survey, United States, 2015 |
| Data | • **U.S. Cancer Death Rates Continue to Fall: Report** -- Researchers credit declines in smoking, better detection and treatment.  
• **Obesity is top health concern for children, cancer in the biggest concern for adults in the latest Kentucky Health Issues Poll**  
• **REMINDER:** Just before New Year’s, CDC released the [2015 BRFSS Prevalence Data](#). You may explore the prevalence data by location or topic, and download prevalence estimates through charts, graphs, and maps based. |
| Environmental Carcinogens | • **WEBINAR:** Join this informational webinar hosted by the Kentucky Cancer Program and [Kentucky Cancer Consortium: Radon in Kentucky: How Does it Relate to Lung Cancer?](#) **January 25, 2017 at 10:30am EST**; Speakers: Clay Hardwick, Kentucky Radon Program and Kristian Wagner, Kentucky Cancer Consortium. As part of our Lung Cancer Prevention and Survivorship is Good Business: Unifying Communities and Industries for Better Health initiative, this webinar will discuss the dangerous connection between radon and increased risk for lung cancer. Conference call #: 1-877-394-0659; Passcode: 7250592994#; Webinar link: https://uky.zoom.us/j/829242607; [Register today](#) |
| Head and Neck Cancers | • **Artificial 'Voice Box' Implant Helps Cancer Patient Speak:** New device has improved long-term quality of life for man who had larynx removed. |
| Health Literacy | • **RESOURCE:** CHDI recently released the Spanish version of *Cancer Clear & Simple* -- ¡El cáncer claro y sencillo (CCyS)! *El cáncer claro y sencillo* was developed to serve the Latino population in rural Wisconsin but can be adapted for Latino communities anywhere. The new materials include a 3 module curriculum on cancer basics, prevention and screening, plus multiple topical handouts. |
| Hospice | • **Hospice care linked to higher family satisfaction:** New research shows family members of terminally ill cancer patients are more satisfied with their loved one’s experience of care when hospice is involved. |
| Hospitals | • **JOURNAL ARTICLE:** [Impact of Health System Affiliation on Hospital Resource Use Intensity and Quality of Care](#). Health Services Research: December 2016. |
| Human Papilloma Virus | • **WEBINAR:** [#PreteenVaxScene -- Thursday January 12 at 3:00pm EST.](#) The CDC Adolescent Immunization Communications Team and the Immunization Services Division will discuss the [HPV Vaccination Partner Toolkit](#) on this informational webinar, highlighting the resources and information available for HPV cancer prevention partners and programs. Resources for Cervical Cancer Awareness Month will also be highlighted. [Register today](#).  
• **UK Markey Cancer Center, Other NCI Centers Jointly Endorse Updated HPV Vaccine Recommendations** |
| Leadership Development | • **The UK Center of Excellence in Rural Health, the Kentucky Office of Rural Health, and the UK CCTS Community Engagement and Research Program are requesting applications for the [2017 Community Leadership Institute of Kentucky (CLIK)](#). CLIK is a 4-week intensive leadership development training program designed to** |
enhance research and capacity-building competencies in community leaders, senior staff, directors and administrators. Each participant's organization will receive a $2500 grant for their participation in this competitive program and completion of their proposed project over a 12-month period. Applications are due January 31, 2017. Visit here for more info.

| Lung Cancer | ● **Delaying Chemo After Lung Cancer Surgery? Better Late Than Never:** Patient recovery may mean longer time to the treatment, but study suggests it can still have benefit. |
| Melanoma   | ● Melanoma Rates Rise in Some States, Fall in Others: Local sun-safety campaigns may be key to progress against the deadly skin cancer, researchers say. |
| Metastatic Cancers | ● **New Study Shows Promise for Repurposing Anti-Malarial Drug for Cancer Treatment** |
| Obesity, Nutrition and Physical Activity | ● From our partners at Partnership for a Fit KY: Check out this wonderful coverage on the fresh, local food movement in Eastern Kentucky. From the City of Whitesburg / Letcher County Farmers' Market Farmacy program to the award-winning Farm to School program with Perry County Schools -- people are working together to solve food issues and create communities with opportunities for better health and happiness.

● *Weekend Warriors’ Can Still Stretch Their Life Spans*: Study found those who exercised one or two days a week saw gains similar to those who worked out regularly. |

| Palliative Care | ● **Center to Advance Palliative Care blogpost discusses Palliative Care Post-Election** |
|                | ● **Palliative Care Resources for Your Patients and Their Families:** GetPalliativeCare.org provides clear, comprehensive palliative care information and resources for people dealing with serious illness at any age and at any stage. Some of the most popular resources include: Disease-specific palliative care information, Pediatric palliative care, 'A Quality Life' patient podcast series featuring stories of real experiences with palliative care, Palliative Care Handout for Patients and Families and a Bi-monthly blog on palliative care. |
| Pharmacology | ● **Powerful Drug for Advanced Cancers May Need Less Frequent Dosing:** Patients whose disease has spread to bone can cut side effects tied to zoledronic acid, researchers report. |
| Policy | ● REMINDER: American Cancer Society Cancer Action Network is hosting “A Day at the Capitol” on Wednesday, February 15, 2017 from 8:30 a.m. to 2:30 p.m. in Frankfort, KY. Kentucky State Capitol. Join ACS CAN at the Kentucky State Capitol for a day of engaging our state lawmakers to ensure that they make cancer a top state priority! To volunteer for ACS CAN: email kristy.young@cancer.org or Call 859-260-8289. Find us on Facebook at www.facebook.com/acscankentucky |
| Providers | ● The University of Kentucky Markey Cancer Center’s Dr. Tim Mullett has been appointed to the American College of Surgeons’ Commission on Cancer (CoC), a |
A consortium of professional organizations dedicated to improving survival and quality of life for cancer patients across the country. **Mullett is one of eight surgeons from across the country elected to represent the fellowship for a three-year term.**

### Survivorship

- **Friend for Life Cancer Support Network** is seeking cancer survivors and caregivers to become Peer Navigator volunteers to provide emotional support to persons beginning a similar cancer journey. **Training will be held Saturday, March 25th in Louisville, KY.**

### Tobacco Control

- **REMEMBER:** Kentucky again No.1 in adult smoking: 25.9 percent, just ahead of W.Va.

- REMEMBER: Norton Cancer Institute is hosting Freedom from Smoking Classes for the public in two locations from January through March. See details and locations here.

- Freedom From Smoking® Facilitator Trainings are scheduled for the dates/locations below. The $100 registration fee includes FFS Facilitator Guide, certificate of course completion, continental breakfast and lunch. To register, contact Tami Cappelletti at tami.cappelletti@lung.org.
  - Ashland, KY: January 18, 2017
  - Louisville, KY: January 24, 2017
  - Owensboro, KY: February 7, 2017
  - LaGrange, KY: February 21, 2017 ([flyer](#); [registration](#))

To schedule trainings in your area of the state, and discuss scholarships by contacting Bobbye Gray at bobbye.gray@ky.gov or 502-564-9358 ext. 4017. In addition, Freedom From Smoking® Facilitator Recertification will be available via 90-minute webinars in the upcoming months. The recertification will extend certification for three years. Tami Cappelletti will contact those in need of being recertified.

- **American Lung Association** is hosting a “Not On Tobacco” Training (to learn how to facilitate under 18 age group cessation) in Louisville on March 2, 2017. To register, contact Tami Cappelletti at tami.cappelletti@lung.org.

### E-Cigarettes

- **CDC MMWR:** Characteristics of Electronic Cigarette Use Among Middle and High School Students — United States, 2015. From MMWR Weekly, December 30, 2016, 65 (5051); 1425–1429.

- More Americans Questioning Safety of E-Cigarettes: Fewer people see these devices as safer alternative to traditional cigarettes, survey shows.
### FDA to Weigh Dangers of Exploding E-Cigarettes
Agency announces 2-day meeting on the safety risks of the lithium batteries that power the devices.

### Events in Louisville

- Norton Cancer Institute is hosting **Freedom from Smoking Classes** for the public in two locations from January through March. See details and locations here.

- **FUNDRAISER:** Colon Cancer Prevention Project’s **Bourbon for Bottoms** on February 9, 2017 at Haymarket Whiskey Bar from 7 p.m. to 10 p.m.

- **CONFERENCE:** Kentucky Cancer Summit will be held on **March 1-2, 2017** at the Muhammed Ali Center, 144 N. Sixth Street, Louisville, KY 40202. Summit objectives include: cancer screening guidelines; impact of social determinants of health on cancer screenings; action steps on ways your organization can increase recommended cancer screenings in Kentucky focused on breast, cervical, colon and lung cancers.

- **FUNDRAISER:** The Colon Cancer Prevention Project is proud to announce **the 7th annual Bottoms Up Bash** at Mellwood Arts Center in Louisville from 7 p.m. to Midnight. The Bottoms Up Bash is held every year on **National Dress in Blue Day** to kick off Colon Cancer Awareness Month. Guests will enjoy a night of dancing and music to benefit **the Colon Cancer Prevention Project**.

- **PEER NAVIGATOR TRAINING:** **Friend for Life Cancer Support Network** is seeking cancer survivors and caregivers to become Peer Navigator volunteers to provide emotional support to persons beginning a similar cancer journey. Training will be held **Saturday, March 25th in Louisville, KY.**

- **LOUISVILLE:** Media Workshop. **The Foundation for a Healthy Kentucky** is offering an in-person workshop to help nonprofit organizations work effectively with the media to improve news coverage of their efforts. The workshop will take place on **Friday, April 21, 2017,** 9:00 a.m. to 3:00 p.m. at the Foundation’s offices on 1640 Lyndon Farm Court, Suite 100, Louisville, KY 40223. Click here to register. This FREE workshop has limited seating, so register early!

- There are **MULTIPLE upcoming** events and support groups are being held at **Gilda’s Club Louisville,** from Wellness Groups to book clubs to support for caregivers.

### Events of Interest (in chronological order)

- **HAZARD:** Media Workshop. **The Foundation for a Healthy Kentucky** is offering an in-person workshop to help nonprofit organizations work effectively with the media to improve news coverage of their efforts. The workshop will take place on **Tuesday, January 17, 2017, 1:00 p.m. to 3:00 p.m. EST,** Primary Care Centers of Eastern Kentucky, 101 Town and Country Lane, Suite 100, Hazard, KY 41701. Click here to register. This FREE workshop has limited seating, so register ASAP!

- **Winter Oncology Symposium in Paducah, Kentucky on January 28, 2017.** Sponsored by the **West Kentucky Oncology Nursing Society.** Plan to join us for a day of education and mingling with other healthcare professionals who share your
passion for Cancer Care. More information to follow. For questions contact: April Baker april.baker1@bhsi.com or Terri Walters twalters@bhsi.com

- **Cancer Survivorship Symposium: Advancing Care and Research – A Primary Care and Oncology Collaboration, January 27-28th** in San Diego, CA. This unique collaboration among the American Academy of Family Physicians, the American College of Physicians, and the American Society of Clinical Oncology will provide information about survivorship issues that both primary care physicians and oncologists are faced with throughout the cancer care continuum. The Symposium represents an innovative approach to education and patient care.

- **Melanoma Symposium:** The Christ Hospital Cancer Center, Melanoma Research Foundation and Melanoma Know More have partnered together to host the first annual Greater Cincinnati Melanoma Symposium on Saturday, February 11, 2017 at The Christ Hospital Joint and Spine Center. This educational symposium is dedicated to melanoma patients and the people who support them. Join us as leading melanoma experts discuss the latest in melanoma prevention, diagnosis and treatment. Morning refreshments and lunch will be provided.

- **SAVE THE DATE:** American Cancer Society Cancer Action Network is hosting “A Day at the Capitol” on Wednesday, February 15, 2017 from 8:30 a.m. to 2:30 p.m. in Frankfort, KY. Kentucky State Capitol. Join ACS CAN at the Kentucky State Capitol for a day of engaging our state lawmakers to ensure that they make cancer a top state priority! To volunteer for ACS CAN: email kristy.young@cancer.org or Call 859-260-8289. Find us on Facebook at www.facebook.com/acscankentucky

- **SAVE THE DATE:** The Southeastern Colorectal Cancer Consortium’s 2nd Annual Colorectal Cancer Symposium will be held May 3-5, 2017 in San Juan, Puerto Rico! The goal of this symposium is to increase colorectal cancer screening rates in the southeastern states through regional collaboration. Registration details coming soon.

- The **2017 CDC National Cancer Conference** will be held on August 14 through 16, 2017, at the Crowne Plaza Atlanta Perimeter at Ravinia hotel in Atlanta, Georgia. Next year’s conference theme: “**Visualizing the Future through Prevention, Innovation, and Communication.**” The conference represents an opportunity to translate research into practice and improve public health through innovation and collaboration. **Coming soon**... the call for abstracts and registration!