

Dear **Kentucky Cancer Consortium** Partners:

The Kentucky Cancer Consortium (KCC) is pleased to provide you with the **December 16, 2015** issue of “Wednesday’s Word” (see table below), a bi-weekly KCC communication relaying recent state and national cancer control articles, resources, events and tools to your “cyber-doorstep”. You may read archived editions on [our website](#). If your organization has a cancer- related item for Wednesday's Word, feel free to contact Katie Bathje at katie@kycancerc.org

Sincerely, Kentucky Cancer Consortium Staff

CATEGORY	TITLE
ACA & Cancer	<ul style="list-style-type: none"> • Can Kentucky's New Governor Undo Obamacare?
Breast	<ul style="list-style-type: none"> • ACS and ASCO issue joint guidelines for breast cancer survivors • Two Drugs Equal in Preventing Early Breast Cancer's Return: Study. Women with ductal carcinoma in situ had similar outcomes with tamoxifen, anastrozole. • Safe to Take Antidepressants With Tamoxifen: Study. No greater risk of breast cancer recurrence seen. • Depression May Be Tied to Lower Breast Cancer Survival. Doctors should be on the lookout for signs of the mood disorder, researcher says. • Timing May Be Key to Success of Surgery, Chemo for Early Breast Cancer. Scheduling the operation soon as possible after diagnosis seems to raise odds for survival, study finds. • Researchers Focus on Risk Factors for Leukemia After Breast Cancer Treatment. Family history of cancer, inherited gene mutation seem to raise chances of secondary malignancy. • Smoking Ups Late Effects of Breast Cancer Radiation • Making Sense of Cancer Headlines: FORCE, a CDC-funded grantee, has created a resource for young breast cancer survivors and high-risk women to navigate through breast cancer research related news and information. eXamining the Relevance of Articles for Young Survivors (XRAYS) program empowers young breast cancer survivors and high-risk women by providing tools for evaluating reports of new breast cancer-related research. XRAYS will provide reviews and ratings of news media articles on breast cancer research to help young breast cancer survivors better understand research that is relevant to them. •
Clinical Trials	<ul style="list-style-type: none"> • Industry Paying for Growing Percentage of Medical Trials: Analysis finds studies paid for by private sector increasing, while U.S.-sponsored trials decline.

Colon Cancer	<ul style="list-style-type: none"> ● RESOURCE: The Importance of Waiving Cost-sharing for Follow-up Colonoscopies: Action Steps for Health Plans ● SAVE THE DATE: The Colon Cancer Prevention Project's "Bottoms Up Bash" is March 4th, 2016 tickets on sale now (Great Christmas Presents!). ● The Colon Cancer Prevention Project's Fighter's Fund provides one-time grants to colon cancer patients in Kentucky and Southern Indiana who need it most. This quarter's application are due by Jan. 1st (Get them In!) . ● JOB OPENING: The Colon Cancer Prevention Project is seeking to hire a fulltime Health Systems Education Manager. This new role will oversee the Project's growing Physician Education Programs, including a new program that helps increase screening rates for colon cancer at Community Health Clinics across the region.
Cost	<ul style="list-style-type: none"> ● Morbidity and Mortality Weekly Report (MMWR) "QuickStats" December 11, 2015 / 64(48);1351: "Based on 2014 data, approximately 7% of persons (22.3 million) in the United States delayed medical care during the preceding year because of worry about the cost, and 5% (16.5 million) did not receive needed medical care because they could not afford it. Persons whose health was assessed as fair or poor were nearly four to five times as likely as persons whose health was excellent or very good to delay care (17.6% versus 4.7%) or not receive needed medical care (15.1% versus 3.1%) because of cost."
Data	<ul style="list-style-type: none"> ● The 2015 Area Development District (ADD) profiles, created using 2014 KyBRFS data, are now posted on the Cabinet for Health and Family Services' website. Information on colon, breast and cervical cancer screenings, as well as tobacco use, are included. ● Kentucky's not feeling so well: State ranked 44th by the United Health Foundation.
Health Equity	<ul style="list-style-type: none"> ● Cancer Rates Dropping in Rich Countries, Rising in Poorer Ones: Study -- Low- and middle-income countries adopting Western lifestyle, which increases risk of disease, experts say. ● America's Rural Elderly Face Barriers to Health Care: Study finds chronic disease less common among city seniors. ● Deficiencies In End-Of-Life Care Extend Across Ethnicities
Hospice	<ul style="list-style-type: none"> ● New Medicare Program Set to Expand Access to Hospice Care. Medicare Care Choices Model (MCCM) is a five-year program in which CMS will explore whether certain Medicare patients with terminal illnesses would be well served by the opportunity to receive hospice services while they are also receiving chemotherapy or other treatment. Innovation projects begin on January 1st, and Kentucky's own Hospice of the Bluegrass is a participating site.
Media	<ul style="list-style-type: none"> ● REMINDER: Thomas C. Tucker, PhD, MPH, Associate Director for Cancer Prevention and Control at the University of Kentucky's Markey Cancer Center, will discuss The Cancer

	<p>Burden in Kentucky on KET's Kentucky Health Program. The program will first air on December 27, 2015 at 10:30 AM EST.</p>
Obesity, Nutrition and Physical Activity	<ul style="list-style-type: none"> • Obesity Grant Program to Increase Access to Physical Activity, Healthy Food • Most Teens' Physical Activity Occurs at School: But they aren't getting enough exercise and need more avenues for active recreation, experts say.
Patient Navigation	<ul style="list-style-type: none"> • JOURNAL ARTICLE: Did you attend the Kentucky Cancer Patient Navigation Network Fall Forum in 2014, at the Kentucky Historical Society in Frankfort? If so, you likely filled out a survey about employment issues in cancer survivors. Your valuable insights have contributed to a journal article, published this month in the Journal of Cancer Education, authored by Dr. Robin Vanderpool. Link to the PubMed abstract for: "Cancer and Employment Issues: Perspectives from Cancer Patient Navigators". Contact robin@kcr.uky.edu for a copy of the full PDF. • Kentucky CancerLink born out of one woman's dream – twice – and a desire to give patients hope
Pharmaceutical	<ul style="list-style-type: none"> • First Generic Version of Gleevec Approved by FDA
Prostate Cancer	<ul style="list-style-type: none"> • Sweat to Help Reduce Your Risk for Prostate Cancer: Vigorous exercise, nutritious diet lower odds for deadly forms of the disease, research suggests • Low-Risk Prostate Cancer Often Not Monitored Closely: Most men who chose 'watchful waiting' weren't followed as recommended, study finds.
Providers	<ul style="list-style-type: none"> • More Than a Quarter of New Doctors May Be Depressed: Grueling medical training may help explain finding, study says • Many U.S. Primary Care Docs Feel Unprepared for Complex Cases: Survey. For example, fewer than half feel they're prepared to manage dementia patients.
School-Based Health	<ul style="list-style-type: none"> • BEST PRACTICE: Effectiveness of School-Based Health Centers in Improving Educational and Health Outcomes. The Community Preventive Services Task Force recommends the implementation and maintenance of school-based health centers (SBHCs) in low-income communities, based on sufficient evidence of effectiveness in improving educational and health outcomes. Improved educational outcomes include school performance, grade promotion, and high school completion. Improved health outcomes include the delivery of vaccinations and other recommended preventive services, asthma morbidity, emergency department and hospital admissions, contraceptive use among females, prenatal care and birth weight, and other health risk behaviors. Read the full Task Force Finding and Rationale Statement for details.
Screening	<ul style="list-style-type: none"> • New Horses and Hope mobile cancer screening unit unveiled; will screen for seven cancer types

<p>Skin Cancer</p>	<ul style="list-style-type: none"> • Could a Scan Someday Replace Lymph Node Biopsy? Noninvasive technique shows promise for detecting spread of skin cancer. • CDC Grand Rounds: Prevention and Control of Skin Cancer • Suspicious Pigment Spots More Common on Darker Skin: Screening can detect rare 'Bob Marley' skin cancer, study says. • REMINDER: The U.S. Preventive Services Task Force seeks comments on a draft recommendation statement and draft evidence review on screening for skin cancer. The Task Force found insufficient evidence to recommend for or against visual skin cancer screening by doctors in adults. The draft recommendation statement and draft evidence review are available for review and public comment from December 1st thru 28th, 2015.
<p>Survivorship</p>	<ul style="list-style-type: none"> • While relatively few cases of flu have surfaced so far in the United States, health officials say the holiday season will likely change that. What Cancer Patients, Survivors, and Caregivers Should Know About the Flu: Everyone 6 months and older should be vaccinated before holiday trips and gatherings, experts say. • New Survivorship Care Plan Template for Radiation Oncology • NIH Newsletter consumer article: “Coping with Caregiving: Take Care of Yourself While Caring for Others” • Airport Travel Tips for People with Cancer
<p>Tobacco Control</p>	<p>Tobacco Control</p> <ul style="list-style-type: none"> • Mom-to-Be's Smoking Tied to Poorer Fitness in Sons. Higher body mass index in mother also linked to worse performance by young men on running test. • Active, Passive Smoking Tied to Infertility, Early Menopause: Study. Researchers found link between both types of exposure and women's health problems. <p>Tobacco Cessation</p> <ul style="list-style-type: none"> • Could There Be a 'Quit-Smoking' Gene? Study suggests willpower isn't the only player. • REMINDER: Freedom From Smoking® Facilitator Training: February 17, 2016, 8:30 a.m. - 4:30 p.m. in Bowling Green at the WKU Health Sciences Complex, Room 2271. To register, contact Tami Cappelletti at (502)363-2652 or tami.cappelletti@lung.org Space is limited, Registration Deadline: January 19, 2016. \$100 registration fee includes FFS Facilitator Guide, certificate of course completion, continental breakfast and lunch. <p>E-Cigarettes</p>

	<ul style="list-style-type: none"> • E-Cigarettes May Contain Chemicals Linked to Lung Disease: Flavoring compounds have been tied to a serious illness known as 'popcorn lung.'
Events	<p>Events in Lexington</p> <ul style="list-style-type: none"> • SAVE THE DATE: Kentucky Center for Smoke-Free Policy's 2016 Spring Conference: Mobilizing an Army of Smoke-free Advocates; Thursday April 28, 2016 in Lexington, KY. Keynote speaker: Stanton Glantz, PhD, Professor of Medicine at the University of California, San Francisco. Dr. Glantz is known worldwide for his work in tobacco control. <p>Events in Louisville</p> <ul style="list-style-type: none"> • SAVE THE DATE: The Colon Cancer Prevention Project's "Bottoms Up Bash" is March 4th, 2016 tickets on sale now (Great Christmas Presents!). • Gilda's Club of Louisville offers MULTIPLE events and support groups- check out their upcoming events in addition to their regularly scheduled support groups and activities (click on Gilda's Club). <p>Events of Interest (in chronological order)</p> <ul style="list-style-type: none"> • Cancer Survivorship Symposium: Advancing Care and Research – A Primary Care and Oncology Collaboration. January 15-16, 2016 at the San Francisco Marriott Marquis in San Francisco. Hotel Reservation and Early Registration Rate Deadline: Wednesday, December 9, 2015 at 11:59 PM (EST). Conference is a unique collaboration among the American Academy of Family Physicians, the American College of Physicians, and the American Society of Clinical Oncology to provide information about survivorship issues that both primary care physicians and oncologists are faced with throughout the cancer care continuum. • The Prevent Cancer Foundation 2016 Dialogue for Action Conference will be April 6-8, 2016 in Baltimore, MD. The DFA is an annual national conference that convenes a diversity of stakeholders committed to realizing the lifesaving potential of cancer screening for all communities. The Dialogue emphasizes evidence-based cancer screening according to guidelines. • Kentucky Conference on Health Communication: Building a Culture of Health on April 14-16, 2016, at the Hyatt Regency in Lexington, KY. • SAVE THE DATE: Southeastern Colorectal Cancer Symposium, April 20-22, 2016 in Atlanta, GA. The goal of this symposium is to increase colorectal cancer screening rates in the southeastern states through regional collaboration and sharing success stories. Who should attend? Gastroenterologists, Family Doctors, Pharmaceutical Company Representatives, Cancer screening and awareness programs. Registration details coming soon!