

Dear **Kentucky Cancer Consortium** Partners:

The Kentucky Cancer Consortium (KCC) is pleased to provide you with the **November 9, 2016** issue of “Wednesday’s Word” (see table below), a bi-weekly KCC communication relaying recent state and national cancer control articles, resources, events and tools to your “cyber-doorstep”. You may read archived editions on [our website](#). If your organization has a cancer- related item for Wednesday's Word, feel free to contact Katie Bathje at katie@kycancerc.org

Sincerely, Kentucky Cancer Consortium Staff

CATEGORY	TITLE
ACA & Cancer	<ul style="list-style-type: none"> • Trump Can Kill Obamacare With Or Without Help From Congress • Report: More Americans Getting Health Care Under Obamacare: News comes as double-digit price hikes for health plans on the horizon. • Cost of employer-based health insurance grew more slowly after 2010 reform law, but not for single-person plans in Kentucky • Kentucky Medicaid participants can change their managed-care organization through Dec. 16; there are five to choose from. . Click here for more information on each plan. Click here for Medicaid managed-care updates.
Breast Cancer	<ul style="list-style-type: none"> • Breast Reconstruction Worthwhile for Older Women: Study -- They had no greater risk of complications, benefited as much as younger breast cancer patients. • Gene Test May ID Chemo Patients at Risk of Clots: Study -- Venous thromboembolism is a serious complication of cancer treatment. • Breast, Cervical Cancer More Deadly in Developing Nations: Report -- But cost-effective treatments could improve access to care, researchers say.
Cancer Control	<ul style="list-style-type: none"> • SURVEY: The Please take 5-10 minutes to complete this Kentucky Cancer Summit planning survey by Wednesday, November 23rd to help Kentucky’s CDC funded cancer programs and their partners in planning specific content for the Summit, which will be held on March 1-2, 2017 at the Muhammad Ali Center in Louisville.
Childhood & Adolescent Cancers	<ul style="list-style-type: none"> • CDC’s Division of Cancer Prevention and Control sponsored a special issue in the journal Pediatrics about factors from before birth through early childhood that may affect a person’s chance of getting cancer. The authors of papers in this issue are experts from many different professions, showing the importance of working together to address potential cancer causes and risk factors. • Most Adult Survivors of Childhood Cancer Discontinue Needed Long-Term Follow-Up Care.
Chronic Disease	<ul style="list-style-type: none"> • More Than Half of Americans Have Chronic Health Problem: Study -- Medical conditions, mental illness and substance abuse problems often overlap, researchers say.

<p>Colon Cancer</p>	<ul style="list-style-type: none"> • Colon Cancer's Location May Determine Patient Survival: Study found 'right-sided' tumors had worse prognoses, with implications for screening and treatment. • A Noninvasive Colon Cancer Test That's FIT To Be Tried • REMINDER -- WEBINAR: NCCRT is hosting a webinar December 8th at 1:00pm EST on what we know and don't know about colorectal cancer screening for those with a familiar risk of colorectal cancer. Dr. Jan Lowery and Dr. Dennis Ahnen will review their recent article, "Understanding the contribution of family history to colorectal cancer risk and its clinical implications: A state-of-the-science review".
<p>End of life</p>	<ul style="list-style-type: none"> • 1 in 4 Seniors Doesn't Discuss End-of-Life Care: Finding suggests efforts to encourage more planning aren't working, researcher says.
<p>Environmental Carcinogens</p>	<ul style="list-style-type: none"> • Seven substances added to 14th Report on Carcinogens: Five viruses, a chemical, and a metallic element listed in new HHS report.
<p>Human Papilloma Virus</p>	<ul style="list-style-type: none"> • The startling rise in oral cancer in men, and what it says about our changing sexual habits • Routine School Vaccine Requirements Raise HPV Shot Rates, Too. There may be a 'spillover' effect when kids get other mandated immunizations, study finds. • Anal Cancer Rates Rising in Many Parts of the World: HPV vaccine, safe sex practices would help reverse trend, cancer specialists say. • REMINDER: CDC recommends only two HPV shots for younger adolescents: CDC now recommends that 11- to 12-year-olds receive two doses of HPV vaccine at least six months apart rather than the previously recommended three doses to protect against cancers caused by human papillomavirus (HPV) infections. Teens and young adults who start the series later, at ages 15 through 26 years, will continue to need three doses of HPV vaccine to protect against cancer-causing HPV infection. CDC has compiled several resources for Health professionals, to answer the questions parents may have.
<p>Lung Cancer</p>	<ul style="list-style-type: none"> • Group trying to change the deadly numbers of lung cancer in Kentucky • In Lung Cancer Awareness Month, doctors and advocates push to end Kentucky's crisis • American Lung Association's LUNG FORCE Research Finds Lung Cancer Awareness Remains Critically Low • In a first, U.S. trial to test Cuban lung-cancer vaccine • Smoking Wreaks Genetic Havoc on Lungs, Study Warns. For every year of smoking a pack daily, there were 150 more mutations found in each lung cell.

	<ul style="list-style-type: none"> • Ultrasound Guidance Refining Lung Cancer Staging: US-guided transbronchial needle aspiration represents 'substantial advance,' researchers say. • MD Anderson-led study develops prediction model for lung cancer risk in never smokers. • Immunotherapy and the Heart: A Concern for Lung Ca Patients: Experts say don't delay in managing these 'insidious and unpredictable' adverse events. • REMINDER: November is Lung Cancer Awareness Month. Lung cancer is the leading cause of cancer death and the second most common cancer among both men and women in the United States. Utilize CDC's new resources, many in Spanish as well as English: <ul style="list-style-type: none"> ○ Infographics ○ Shareable graphics for your Web site, social network profile, or blog ○ A matte article (PDF-69KB) ready to print in a newspaper or on the Web, featuring the personal story of a lung cancer survivor ○ A lung cancer feature than can be syndicated (placed for free) on your Web site ○ A podcast featuring a non-smoking lung cancer survivor ○ Medscape Expert Commentary (video) featuring Dr. Lisa Richardson, Director of CDC's Division of Cancer Prevention and Control, on lung cancer screening guidelines (link requires free registration) • There are MULTIPLE events this month to raise awareness about lung cancer. Read KCC Lung Cancer Network's compilation of events here. • REMINDER: Why not commit to completing this free continuing education opportunity for primary care providers entitled, Lung Cancer in Kentucky: Improving Patient Outcomes, in honor of Lung Cancer Awareness Month? The 1-2 hour course has been approved for CME credit, as well as contact hours of continuing education by the American Association of Nurse Practitioners. Course developed by the KY LEADS Collaborative.
Obesity, Nutrition and Physical Activity	<ul style="list-style-type: none"> • When Soda Makers Fund Studies, Links to Obesity Weaken: Biased research muddies the health harms of sugary drinks, researchers contend. • WEBINAR: Exploring Community-wide Interventions that Have Health Impact in 5 Years (HI-5): an In-depth Look at Safe Routes to School (SRTS). Monday, November 7, 2016, 3:00-4:00PM EST. CDC's new Health Impact in Five Years, or HI-5 initiative highlights a list of non-clinical, community-wide approaches with a proven track record. This Web Forum will provide stakeholders with the opportunity to hear real-world examples of how local and state-level organizations have implemented Safe Routes to School (SRTS) to meet needs of their communities. We encourage public health professionals, community-based organizations, and urban planners to join us. To learn more about the HI-5 initiative, visit the CDC's website at www.cdc.gov/hi5.
Palliative Care	<ul style="list-style-type: none"> • REMINDER: Please join the American Cancer Society Cancer Action Network TOMORROW for the Patient Quality of Life Forum, November 10th, 8am – 9:30am, at

	<p>the ACS Office on 1640 Lyndon Farm Court, Suite 104, Louisville, KY. This unique policy discussion will highlight how palliative care provided throughout the course of any type of serious illness achieves the triple aim of better patient experience, better quality of care, and lowered health care costs. Register today. For more information, contact Erica Palmer Smith at erica.palmer-smith@cancer.org or 859-260-8284.</p>
Pharmacology	<ul style="list-style-type: none"> • Searching Appalachia for Next Great Cancer Drug
Prevention	<ul style="list-style-type: none"> • Friedell Committee hears focus should be on prevention programs, community strategies and community partnerships
Providers	<ul style="list-style-type: none"> • Nurses' 'Scrubs' Pick Up Bad Hospital Germs: Superbug MRSA, other disease-causing bacteria detected on uniforms in ICU.
Skin Cancer	<ul style="list-style-type: none"> • New Reviews of Community Guide Skin Cancer Interventions: The Community Preventive Services Task Force findings and Community Guide reviews on interventions to prevent skin cancer are available. One paper (PDF-108KB) details the findings of the Task Force, and another paper (PDF-891KB) gives the results of two reviews of the Community Guide. CDC's Community Guide office has developed a fact sheet (PDF-946KB) on what works to prevent skin cancer in communities nationwide.
Survivorship	<ul style="list-style-type: none"> • NCI & ACS have just released a new online tool for cancer survivors that helps patients manage their cancer treatment and survivorship experience. Springboard Beyond Cancer lets patients and survivors create personalized Action Decks, collections of information on specific topics relevant to cancer and treatment, including: Symptoms, Stress & Mood, Wellness, Support resources. Cancer survivors can identify goals, create a plan, identify potential challenges, monitor their progress, and re-assess their plan to meet the needs of their unique cancer experience as well as communicate more effectively with their health care team and caregivers. • High Rate of Antidepressant Use After Cancer: Nearly 1 in 5 survivors taking medication for depression or anxiety years later.
Tobacco Control	<p>Tobacco Control</p> <ul style="list-style-type: none"> • REPORT AND WEBINAR: Tomorrow (Nov. 10th) CDC will release a report about tobacco-related cancers, emphasizing the burden of cancers and cancer deaths associated with tobacco, and highlighting opportunities for comprehensive cancer and tobacco control to prevent tobacco use and cancer. Learn what actions other states have taken to address tobacco use and tobacco-related cancers by joining the <i>Vital Signs</i> Town Hall webinar, 'Partnering to Reduce Tobacco-Related Cancers'— Tuesday, November 15, at 2 PM EST. Conference line: (U.S. only) – 800-857-0604 Passcode: 795-4413 • American Cancer Society: Increasing Kentucky's cigarette tax by \$1.50 per pack would decrease youth smoking

	<ul style="list-style-type: none"> • Graphic Cigarette Pack Labels May Cut U.S. Smoking Deaths. Researchers predict well over half a million lives would be saved over 50 years. • Freedom From Smoking® Facilitator Trainings are available for scheduling. The \$100 registration fee includes FFS Facilitator Guide, certificate of course completion, continental breakfast and lunch. To schedule trainings in your area of the state, and discuss scholarships by contacting Bobbye Gray at bobbye.gray@ky.gov or 502-564-9358 ext. 4017. <p>E-Cigarettes</p> <ul style="list-style-type: none"> • Nearly Two-Thirds of Smokers Also Use E-Cigarettes: CDC -- Survey also found 40 percent of young people using the devices were never smokers. <ul style="list-style-type: none"> ○ Related data release: QuickStats: Cigarette Smoking Status Among Current Adult E-cigarette Users, by Age Group — National Health Interview Survey, United States, 2015. MMWR Morb Mortal Wkly Rep 2016; 65:1177. • 3 in 4 Teens Think E-Cigarettes Safer Than Tobacco: Survey -- But devices deliver as much, if not more, nicotine than cigarettes, smoking experts say. • E-Cigs Tied to More Frequent, Heavier Teen Tobacco Use. But vaping group contends the electronic devices lower smoking rates.
<p>Events</p>	<p>Events in Lexington</p> <ul style="list-style-type: none"> • The Kentucky Primary Care Association is hosting their 2016 Annual Conference on November 9-11, 2016, at the Embassy Suites in Lexington, KY. Register today! <p>Events in Louisville</p> <ul style="list-style-type: none"> • Read about multiple events taking place through Norton Cancer Institute’s Adolescent and Young Adult Program. Classes, workshops, social events are being held throughout November! • SAVE THE DATE: The Kentucky Cancer Summit will be held on March 1-2, 2017 at the Muhammed Ali Center, 144 N. Sixth Street, Louisville, KY 40202. The Summit objectives include: cancer screening guidelines; impact of social determinants of health on cancer screenings; action steps on ways your organization can increase recommended cancer screenings in Kentucky focused on breast, cervical, colon and lung cancers. SURVEY: The Please take 5-10 minutes to complete this Kentucky Cancer Summit planning survey by Wednesday, November 23rd to help Kentucky’s CDC funded cancer programs and their partners in planning specific content for the Summit, which will be held on March 1-2, 2017 at the Muhammad Ali Center in Louisville.

- There are **MULTIPLE upcoming** events and support groups are being held at [Gilda's Club Louisville](#), from Wellness Groups to book clubs to support for caregivers.

Events of Interest (in chronological order)

- The [25th AICR Research Conference on Nutrition, Physical Activity, Obesity and Cancer](#) will be held on **November 14-16, 2016** at the Marriott Bethesda North Hotel & Conference Center in North Bethesda, MD.
- Join the [Kentucky Office for Rural Health](#) and their partners for “**The Rural Health Collaborative**” in Bowling Green on **November 17th** at Kentucky's premier gathering of rural health networks, coalitions, and alliances. November 17th from 8:30am – 3pm in the Augenstein Alumni Center in Bowling Green, KY. [Reserve your spot](#) today! [Review the agenda here](#).
- **2016 KY Bicycle and Bikeways Annual Symposium, November 17th -19th** at Natural Bridge State Park, Powell County, KY. [Link to the registration](#).
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- **Breathe Deep Cincinnati Event on Sunday, November 20, 2016:** This 5K Walk & Fun Run to End Lung Cancer is being organized by members of the community that have been personally affected by lung cancer. Run to be held at Friendship Park Plaza in Cincinnati, OH. [Find out more and register here](#).
- **The First Annual Children’s Environmental Health Summit** will be held on **Thursday, December 1st** at the Boone County Library in Burlington, KY. [Kentucky Department for Public Health](#) in collaboration with the [Kentucky Population Health Institute](#) and [Northern Kentucky Health Department](#) is hosting this Environmental Summit, with funding from EnviroHealthLink, Kentucky’s [Environmental Public Health Tracking Network](#) and additional sponsors. Topics include: lead, pesticides, injury, asthma, healthy homes, built environment, blue and green spaces affecting adolescent depression, **tobacco free schools**, green and healthy schools and childcare centers, and more. [Register today!](#)
- [Winter Oncology Symposium in Paducah, Kentucky on January 17, 2017](#). Sponsored by the **West Kentucky Oncology Nursing Society**. Plan to join us for a day of education and mingling with other healthcare professionals who share your passion for Cancer Care. More information to follow. For questions contact: April Baker april.baker1@bhsi.com or Terri Walters twalters@bhsi.com
- [Cancer Survivorship Symposium: Advancing Care and Research – A Primary Care and Oncology Collaboration, January 27-28th](#) in San Diego, CA. This unique collaboration among the American Academy of Family Physicians, the American College of Physicians, and the American Society of Clinical Oncology will provide information about survivorship issues that both primary care physicians and oncologists are faced with throughout the cancer care continuum. The Symposium represents an innovative approach to education and patient care.
- **SAVE THE DATE:** The [Southeastern Colorectal Cancer Consortium’s 2nd Annual Colorectal Cancer Symposium will be held May 3-5, 2017 in San Juan, Puerto Rico!](#)

The goal of this symposium is to increase colorectal cancer screening rates in the southeastern states through regional collaboration. Registration details coming soon.

- The **2017 CDC National Cancer Conference** will be held on **August 14 through 16, 2017**, at the Crowne Plaza Atlanta Perimeter at Ravinia hotel in Atlanta, Georgia. Next year's conference theme: **"Visualizing the Future through Prevention, Innovation, and Communication."** The conference represents an opportunity to translate research into practice and improve public health through innovation and collaboration. **Coming soon...** the call for abstracts and registration!