

Dear **Kentucky Cancer Consortium** Partners:

The Kentucky Cancer Consortium (KCC) is pleased to provide you with the **November 30, 2016** issue of “Wednesday’s Word” (see table below), a bi-weekly KCC communication relaying recent state and national cancer control articles, resources, events and tools to your “cyber-doorstep”. You may read archived editions on [our website](#). If your organization has a cancer- related item for Wednesday's Word, feel free to contact Katie Bathje at katie@kycancerc.org

Sincerely, Kentucky Cancer Consortium Staff

CATEGORY	TITLE
ACA & Cancer	<ul style="list-style-type: none"> • Preventive Screenings In Kentucky Up Under Medicaid Expansion • Major changes for Medicaid coming under Trump and the GOP: Think less federal funding, more state control, fewer participants and higher costs for those in the program. • Kentucky Medicaid participants can change their managed-care organization through Dec. 16; there are five to choose from. . Click here for more information on each plan. Click here for Medicaid managed-care updates.
Breast Cancer	<ul style="list-style-type: none"> • WEBINAR: Young and Strong, the program for young women with breast cancer at Dana-Farber Cancer Institute, are hosting a live webcast on December 13, 2016 from 7:00PM-8:00PM EST entitled, "Local therapy issues from surgical decision making to long-term side effects." Click here to register. • Depressed Women Less Likely to Get Best Breast Cancer Care: Study -- Researchers aren't sure why, but urge doctors to monitor these patients carefully. • New Drug May Brighten Outlook for Advanced Breast Cancer: Palbociclib slows disease progression, study finds. • Intense Chemo Offers Little Benefit for Early Breast Cancer: Study -- U.S. cancer expert still sees role for the approach in certain patients.
Cancer Control	<ul style="list-style-type: none"> • Rural Appalachia Faces Growing Cancer Crisis, Research Shows: It's the only region in the U.S. that hasn't made big progress in fighting the disease. • Cancer Advances Demand Continual Funding, Specialists Say
Cervical Cancer	<ul style="list-style-type: none"> • Understanding Barriers to Cervical Cancer Screening in Women With Access to Care, Behavioral Risk Factor Surveillance System, 2014
Childhood & Adolescent Cancers	<ul style="list-style-type: none"> • Earnings Fall After a Child's Cancer Diagnosis: Mothers more likely than fathers to stop working, study finds.
Chronic Disease	<ul style="list-style-type: none"> • Smoking Plus Diabetes a Very Deadly Mix: Chances of an early death double if smoker also has the blood sugar disease, study finds.

Colon Cancer	<ul style="list-style-type: none"> • JOURNAL ARTICLE: Refining the Patient Navigation Role in a Colorectal Cancer Screening Program: Results From an Intervention Study. J Natl Compr Canc Netw. 2016 Nov;14 (11):1371-1378. Epub 2016 Oct 31. • WEBINAR: SelfMade Health Network is hosting a webinar on Monday, December 5th from 12pm-1pm on "Men's Health: Examining Community Engagement to Address Colorectal Cancer Disparities and Survivorship". The presenter is Darrell M. Gray, II, MD, MPH, Director of Community Engagement and Equity in Digestive Health & Deputy Director, Center for Cancer Health Equity, The Ohio State University Wexner Medical Center. Register today! • REMINDER -- WEBINAR: NCCRT is hosting a webinar December 8th at 1:00pm EST on what we know and don't know about colorectal cancer screening for those with a familiar risk of colorectal cancer. Dr. Jan Lowery and Dr. Dennis Ahnen will review their recent article, "Understanding the contribution of family history to colorectal cancer risk and its clinical implications: A state-of-the-science review".
Cost	<ul style="list-style-type: none"> • Cancer Can Devour Income of Medicare-Only Patients: Without supplemental insurance, out-of-pocket costs average 25 percent of annual earnings, study finds • U.S. Health Care Spending Up 5 Percent in 2015: Prescription drugs are the fastest growing expense, report shows.
Data	<ul style="list-style-type: none"> • Potentially Preventable Deaths Among the Five Leading Causes of Death — United States, 2010 and 2014: Preventable deaths from cancer decreased 25%.
Health Equity	<ul style="list-style-type: none"> • JOURNAL ARTICLE: Assessment of National CLAS Standards in Rural and Urban Local Health Departments in Kentucky. • LGBT HealthLink has created an infographic providing a fast way to convey how tobacco, the cause of one third of all cancers, has a disproportionate impact on disparity populations. • History and research show that disease and illness are closely linked to geography. And well known to coalitions is the fact that health behaviors and outcomes are related to where people live and work. The Geographic Health Equity Alliance (GHEA) is one of eight national networks funded by the CDC to advance commercial tobacco prevention and cancer prevention. GHEA identifies gaps in information about tobacco and cancer, as well as provide leadership in promoting health interventions to reduce these geographic disparities.
Health IT	<ul style="list-style-type: none"> • Many Women With Chronic Ills Don't Use Online Tools: Research suggests older, less-educated females are missing out on help or support.
Hospice	<ul style="list-style-type: none"> • The National Hospice and Palliative Care Organization has developed an interactive tool called "What Are My Options?" The 60-second tool is designed to provide information that may help guide healthcare choices if you or a loved one are facing a serious illness...especially if that illness is getting worse.

<p>Human Papilloma Virus</p>	<ul style="list-style-type: none"> • 2 Doses of HPV Vaccine Effective for Younger Teens: Global study supports revised regimen for those under 15. • Cancer Prevention Control Research Network (CPCRN) researchers at the University of Iowa, University of Kentucky, and Oregon Health & Science, in partnership with the Northwest Portland Area Indian Health Board, developed a common protocol for pharmacies to partner with local health care clinics to implement coordinated delivery of the HPV vaccine in order to improve vaccine initiation and completion rates. This report describes the front-line experiences during the implementation of the planned pharmacy-clinic linkage protocol of three states with diverse populations, settings, and partnerships.
<p>Lung Cancer</p>	<ul style="list-style-type: none"> • Older Patients Can Benefit From Lung Cancer Surgery • 9 Things to Know About Immunotherapy and Lung Cancer • JOURNAL ARTICLE: Terminate lung cancer (TLC) study—A mixed-methods population approach to increase lung cancer screening awareness and low-dose computed tomography in Eastern Kentucky. • CONFERENCE: The LUNG FORCE Expo is a program designed for patients, caregivers and healthcare providers to learn more about the latest trends, resources and research surrounding lung cancer, COPD and asthma. This year's event will be held this Friday, December 2, 2016 at Embassy Suites – Lexington from 11am to 4pm. Speakers from a variety of fields will present current medical information on topics that have the most impact on those whose lives are touched by these conditions, as well as provide up-to-date medical information for healthcare professionals to help support patients. Join us to: Learn important lung disease information; Share a meaningful experience with others who are fighting lung disease; Care for yourself and others by expanding your lung disease knowledge. It's not too late to register – there are still a few spaces left!!! • • REMINDER: Why not commit to completing this free continuing education opportunity for primary care providers entitled, Lung Cancer in Kentucky: Improving Patient Outcomes, in honor of Lung Cancer Awareness Month? The 1-2 hour course has been approved for CME credit, as well as contact hours of continuing education by the American Association of Nurse Practitioners. Course developed by the KY LEADS Collaborative.
<p>Melanoma</p>	<ul style="list-style-type: none"> • 'Tailoring' Skin Exams May Boost Melanoma Detection: Certain groups should start screening earlier, study suggests.
<p>Obesity, Nutrition and Physical Activity</p>	<ul style="list-style-type: none"> • CDC Reports Modest Drop in Obesity Among 2 to 4 year old WIC Participants: Kentucky Among States to See Decrease • Public Health Campaign Cut Consumption of Sugary Drinks: Soda sales fell 20 percent in Maryland county, study finds.

	<ul style="list-style-type: none"> • TV Snack Ads Make Preschoolers Snack More: Study -- This happened even with kids who weren't hungry, researchers found.
Palliative Care	<ul style="list-style-type: none"> • JOURNAL EDITORIAL: The Promise of Palliative Care -- Translating Clinical Trials to Clinical Care.
Patient Navigation	<ul style="list-style-type: none"> • The University of Kentucky Prevention Research Center, the Appalachian Regional Commission and the Centers for Disease Control and Prevention have partnered to develop trainings focused on Patient Navigation in Appalachia. An upcoming training is scheduled for Monday, December 5th from 8:30am-3pm in Somerset at the Lake Cumberland Cancer Treatment Center and will include sessions on culturally effective care, cancer screening navigation, communication, KCP's Pathfinder, and community needs assessments. Continuing medical education and nursing CEs will be available. Light breakfast and lunch are also included. Take a moment to view the flyer and complete the registration.
Policy	<ul style="list-style-type: none"> • SAVE THE DATE: American Cancer Society Cancer Action Network is hosting "A Day at the Capitol" on Wednesday, February 15, 2017 from 8:30 a.m. to 2:30 p.m. in Frankfort, KY. Kentucky State Capitol. Join ACS CAN at the Kentucky State Capitol for a day of engaging our state lawmakers to ensure that they make cancer a top state priority! To volunteer for ACS CAN: email kristy.young@cancer.org or Call 859-260-8289. Find us on Facebook at www.facebook.com/acscankentucky
Prostate	<ul style="list-style-type: none"> • Second Opinions Don't Seem to Sway Prostate Cancer Patients: Most choose treatment they originally planned to follow, study finds. • Alcohol May Fuel Prostate Cancer Risk: The more men drank, the stronger the association, study found.
Survivorship	<ul style="list-style-type: none"> • Resistance Training Improves Posttreatment Outcomes for Breast Cancer Survivors • Life with an Ostomy Bag: 3 Tips for Thriving • WEBINAR TOMORROW: Putting Together the Puzzle Pieces: How a Robust Survivorship Care Plan Model Helps Meet the Needs of Survivors. Tomorrow, Thursday, December 1 from 12pm-1pm EST. GW Cancer Center is hosting speakers from New England Cancer Specialists (NECS) to present on how they develop robust survivorship plans for breast and head and neck survivors. Registration required.
Testicular Cancer	<ul style="list-style-type: none"> • Taboo of the Black Eyed Peas Reveals Recent Testicular Cancer Battle, Releases The Fight to Support the American Cancer Society
Thyroid Cancer	<ul style="list-style-type: none"> • No Benefit From Routine Thyroid Cancer Screening: Task Force -- Public invited to comment on draft recommendation, which is the same as one in place since the 1990s.

- [CDC Vital signs for November 2016: Cancer and tobacco use](#). Tobacco use is the leading preventable cause of cancer and cancer deaths. Each year, 660,000 people in the US are diagnosed with and 343,000 people die from a cancer related to tobacco use. **What can states and communities do?** Fund comprehensive tobacco prevention and control programs at CDC-recommended levels; Make tobacco cessation treatments more available to people who want to quit; Protect nonsmokers from secondhand smoke in all indoor public places and worksites, including all restaurants, bars, and casinos.
- **“Driving Tobacco and Cancer Off the Map” Podcast Series:** The [Geographic Health Equity Alliance \(GHEA\)](#) is proud to launch this multi-segment podcast series providing a platform to discuss public health, specifically tobacco control, cancer prevention and survivorship, in a conversational sense. Guests or storytellers, which include subject matter experts, public health practitioners and even a cancer survivor, share their work and experiences in a thoughtful discussion with GHEA's Director, Keith A. Vensey. The [series' first episode features Janet Freeman-Daily](#), an award winning blogger, freelance writer, lung cancer patient and activist who has worked with the National Cancer Institute, cancer research centers, professional societies, lung cancer advocacy organizations and pharmaceutical firms.
- [Smoking May Hinder Kidney Disease Drugs](#): To slow organ damage, patients should quit the habit, researchers say.
- [Fewer in U.S. Smoke, But Smoking's Death Toll Continues](#): Only 15 percent of Americans engage in the habit, according to latest CDC numbers.
- [Smoking Raises Heart Attack Risk 8-Fold in People Under 50](#): At all ages, the habit boosted odds for heart trouble, but younger people fared the worst, study found.
- **Freedom From Smoking® Facilitator Trainings are scheduled for the dates/locations below.** The \$100 registration fee includes FFS Facilitator Guide, certificate of course completion, continental breakfast and lunch. To register, contact Tami Cappelletti at tami.cappelletti@lung.org.
 - **Ashland , KY:** January 18, 2017
 - **Louisville, KY:** January 24 , 2017
 - **Owensboro, KY:** February 7, 2017

To schedule trainings in your area of the state, and discuss scholarships by contacting Bobbye Gray at bobbye.gray@ky.gov or 502-564-9358 ext. 4017.
- **American Lung Association** is hosting a **“Not On Tobacco” Training** (to learn how to facilitate under 18 age group cessation) in **Louisville on March 2, 2017**. To register, contact Tami Cappelletti at tami.cappelletti@lung.org.

	<ul style="list-style-type: none"> • Tobacco Flavors Draw in Young Folks: Products that taste like cherry or candy seen as less harmful, review finds. • E-Cigarettes Not Good to Gums, Study Finds: Nicotine, flavorings appear to play a role in tissue damage. <p>Secondhand Smoke</p> <ul style="list-style-type: none"> • American Cancer Society and CVS Health Foundation Award Grants to Help 20 Colleges and Universities Go Tobacco-Free in Largest Initiative of Its Kind
<p>Events</p>	<p>Events in Lexington</p> <ul style="list-style-type: none"> • CONFERENCE: The LUNG FORCE Expo is a program designed for patients, caregivers and healthcare providers to learn more about the latest trends, resources and research surrounding lung cancer, COPD and asthma. This year's event will be held this Friday, December 2, 2016 at Embassy Suites – Lexington from 11am to 4pm. Speakers from a variety of fields will present current medical information on topics that have the most impact on those whose lives are touched by these conditions, as well as provide up-to-date medical information for healthcare professionals to help support patients. Join us to: Learn important lung disease information; Share a meaningful experience with others who are fighting lung disease; Care for yourself and others by expanding your lung disease knowledge. It's not too late to register – there are still a few spaces left!!! <p>Events in Louisville</p> <ul style="list-style-type: none"> • Read about multiple events taking place through Norton Cancer Institute's Adolescent and Young Adult Program. Classes, workshops, social events are being held throughout November! • CONFERENCE: Kentucky Cancer Summit will be held on March 1-2, 2017 at the Muhammed Ali Center, 144 N. Sixth Street, Louisville, KY 40202. Summit objectives include: cancer screening guidelines; impact of social determinants of health on cancer screenings; action steps on ways your organization can increase recommended cancer screenings in Kentucky focused on breast, cervical, colon and lung cancers. The Summit is being hosted by • There are MULTIPLE upcoming events and support groups are being held at Gilda's Club Louisville, from Wellness Groups to book clubs to support for caregivers. <p>Events of Interest (in chronological order)</p> <ul style="list-style-type: none"> • The First Annual Children's Environmental Health Summit will be held tomorrow, Thursday, December 1st from 9am-4pm at the Boone County Library in Burlington, KY. Kentucky Department for Public Health in collaboration with the Kentucky Population Health Institute and Northern Kentucky Health Department is hosting this Environmental Summit, with funding from EnviroHealthLink, Kentucky's

[Environmental Public Health Tracking Network](#) and additional sponsors. Topics include: lead, pesticides, injury, asthma, healthy homes, built environment, blue and green spaces affecting adolescent depression, **tobacco free schools**, green and healthy schools and childcare centers, and more. [Register today!](#)

- [Winter Oncology Symposium in Paducah, Kentucky on January 17, 2017.](#) Sponsored by the **West Kentucky Oncology Nursing Society**. Plan to join us for a day of education and mingling with other healthcare professionals who share your passion for Cancer Care. More information to follow. For questions contact: April Baker april.baker1@bhsi.com or Terri Walters twalters@bhsi.com
- [Cancer Survivorship Symposium: Advancing Care and Research – A Primary Care and Oncology Collaboration, January 27-28th](#) in San Diego, CA. This unique collaboration among the American Academy of Family Physicians, the American College of Physicians, and the American Society of Clinical Oncology will provide information about survivorship issues that both primary care physicians and oncologists are faced with throughout the cancer care continuum. The Symposium represents an innovative approach to education and patient care.
- **SAVE THE DATE:** The [Southeastern Colorectal Cancer Consortium’s 2nd Annual Colorectal Cancer Symposium will be held May 3-5, 2017 in San Juan, Puerto Rico!](#) The goal of this symposium is to increase colorectal cancer screening rates in the southeastern states through regional collaboration. Registration details coming soon.
- The **2017 CDC National Cancer Conference** will be held on **August 14 through 16, 2017**, at the Crowne Plaza Atlanta Perimeter at Ravinia hotel in Atlanta, Georgia. Next year’s conference theme: **“Visualizing the Future through Prevention, Innovation, and Communication.”** The conference represents an opportunity to translate research into practice and improve public health through innovation and collaboration. **Coming soon...** the call for abstracts and registration!