

To see if you qualify for a free screening please contact:

Barren River District Health Dept.:
270-781-8039

Christian County Health Dept.:
270-887-4160

Floyd County Health Dept.:
606-886-2788

Jessamine County Health Dept.:
859-885-4149

Kentucky River District Health Dept.:
606-436-2196

Knox County Health Dept.:
606-546-3486

Lake Cumberland District Health Dept.:
606-678-4761

Fayette County Health Dept.:
859-252-2371

Lawrence County Health Dept.:
417-466-2201

Louisville Metro Department of Public Health and Wellness:
502-574-6520

Laurel County Health Dept.:
606-864-5187

Montgomery County Health Dept.:
859-498-0719

Purchase District Health Dept.:
270-444-9631

Wedco District Health Dept.:
859-234-2842

For all other areas or further assistance please contact the Kentucky Dept. for Public Health: 1-800-633-8100

For many people, cost is the number one barrier to screening for colon cancer. A colonoscopy can cost up to \$5,000. The Kentucky Colon Cancer Screening Program was created in 2008 by House Bill 415 to provide free screening and help reduce colon cancer deaths.



Kentucky Public Health
Prevent. Promote. Protect.

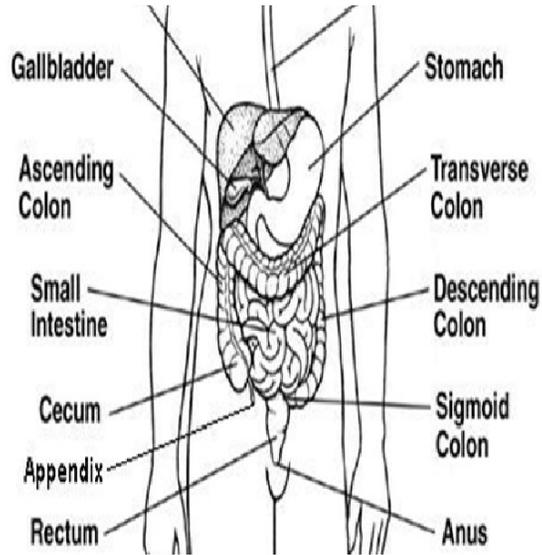
**Screening
Saves Lives!**

**Kentucky
Colon Cancer
Screening Program**
1-800-633-8100

*Kentucky Department for Public Health
Chronic Disease Prevention & Control Branch*

What is Colon Cancer?

Colon Cancer is a cancer that occurs in the colon. The colon is the large intestine or large bowel.



Who is affected?

Everyone is affected. However, men and women ages 50 years and older and African Americans ages 45 and older are at a higher risk of colon cancer.

Why do I need to get screened?

Colon cancer usually starts from polyps in the colon or rectum. A polyp is a growth of tissue that should not be there. Over time, polyps can turn into cancer. Screening tests can find polyps before they turn into cancer or find cancer early when the chance of being cured is very good.

How can I get screening through KCCSP?

FIT (Fecal Immunochemical Test): is a high-sensitivity test for blood in your bowel movement. You receive a test kit from your health care provider and instructions on how to get a small sample. Return the kit to the provider or a lab, where the sample is checked. This must be done every year.

How can I get screening continued:

Colonoscopy: This test allows the doctor to look inside your colon and remove polyps and small cancers. Colonoscopy is also used as a follow-up test if anything unusual is found during one of the other screening tests.

KCCSP follows the American Cancer Society screening guidelines. Please contact your provider to determine which test is appropriate for you.

Just the Facts..

Every year, almost 2,500 Kentuckian men and women are diagnosed with colon cancer and nearly 900 die from it. Colon Cancer is the second leading cause of cancer death for men and women in our state, second only to lung cancer. Most of the cancers of the colon occur in people age 50 and older.

What are the symptoms of colon cancer?

Colon cancer often has no symptoms at first. So its important to begin screening at age 50, even when you feel fine.

When colon cancer is more advanced, common symptoms may include:

- Dark or black colored stools
- Blood in the toilet after having a bowel movement
- Cramping pain in the lower stomach/abdomen
- Urge to have a bowel movement when there is no need to have one
- Change in bowel habits lasting more than a few days
- Unintentional/unexplained weight loss
- Fatigue or anemia without an identified cause

Are you at an increased risk for colon cancer?

If you answer YES to any of these questions, you are more likely to develop colon cancer:

- Are you 50 years of age or older?
- Have you had a family member (parent, brother, sister, or child) diagnosed with cancer of the colon?
- Have you previously had polyps (growths) in your colon?
- Have you had colon cancer in the past?
- Were you diagnosed with ulcerative colitis, crohn's disease, inflammatory bowel disease (IBD) in the past?

You may qualify for a free colon cancer screening through the Kentucky Colon Cancer Screening Program if:

- You are 50 years or older and/or...
- You are an African American 45 years or older and...
- You are a Kentucky resident.
- Your household income is under 250% of the federal poverty guideline.
- You are uninsured.
- You are not currently on Medicaid or Medicare.
- You have not had a colonoscopy within the past 10 years or you previously had a colonoscopy and had pre-cancerous polyps or the test was negative and now you have symptoms of colon cancer (regardless of your age).